

THE ENERGY SPHERES™

GIFT TO THE HUMANS BEING FROM THE ASCENDED ENERGIES

CHANNELLING MARK II

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## **1. 1 MATTERS CONCERNING THE COLLECTIVE AND THE ORIGIN OF THE CHANNELING**

### **1.1 Where does the information I am receiving concerning the Energy Spheres™ emanate from?**

The origins of the knowledge which you are receiving as information concerning the Energy Spheres™ is through the Collective. The Collective have agreed and arranged that various representatives be raised to assist you in the process of receiving the detailed information concerning the Energy Spheres™. These representatives, known to you as the Ascended Masters, will over the next few months and years provide you (EF) with the facilities to receive directly the knowledge ready to be transmitted to your species. The Collective that exists within EF cannot contact EF directly since EF and her species are not yet sufficiently evolved to receive such contact directly. Therefore, the Ascended Masters have been summoned to act as go betweens.

1.1.1 Details of the Energy Spheres™ provided by the Ascended Masters who, for this occasion, vibrate to the numbers 3, 5, 8 and 11: the Master who vibrates to number 3 is Djwal Khul, the Master who vibrates to number 5 is Ithakar, the Master who vibrates to the number 8 is El Morya, and the Master who vibrates to number 11 is Quan Yin. Ithakar is a representative from Ashtar.

### **1.1.2 Please provide further information concerning the Energy Spheres origins?**

The origins of the knowledge you are receiving as information concerning the Energy Spheres is derived from Beyond the Polarities the Collective, and is itself the Gateway to Beyond the Polarity.

### **1.2 Have the Masters been allocated specific areas of their expertise with regard to this channelling and if so would you please provide details of those allocations?**

Yes. The Masters have been allocated specific areas which are as follows:

1.2.1 Djwal Khul holds the information aligned to the Tibetan belief system known as the Five Elements which is the only belief system that holds knowledge that the Energy Spheres™ exist.

1.2.2 Ithakar holds the information of Sirius aspect, which provided the seeds of all knowledge known and unknown on Earth since Gaia's awakening.

1.2.3 El Morya holds the information with the aspects of the Chakras

1.2.4 Quan Yin holds the information concerning crystals and their specific musical note.

1.2.5 El Morya is responsible for contacting Sni's inner guide whilst permission from EF was given to receive the transmission and for the information to be received and typed out.

### **1.3 Is more than one human being used for this channelling?**

Yes. All the belief systems, being part of the Collective, have agreed to assist. Due to the number and diversity of the belief systems held in Gaia, it is impossible for one human to be responsible for receiving the variants necessary for the Energy Spheres™ to marry into the human belief systems held. Up to thirty humans are presently in the process of receiving information concerning the Energy Spheres™. The essence of the 'Rejuvenation' does not change. Adaptation to the various belief systems is essential to ensure the Energy Spheres™, an entity in its own right, can be used to their fullest.

### **1.4 Why am I receiving this information?**

You are receiving this information to clear future communications links between the human sub conscious (higher self) and the conscious self. Independently and in her own right Gaia, after the humans dropped the atom bomb on 6th August 1945, reacted as would the human had they been shot with a bullet. This reaction was felt by the Collective in its entirety.

This is an example of the human 'cause and effect' experience. The Collective responded by releasing the Energy Spheres™ from the 13 universes that surround Gaia.

**1.5 What are the details concerning the Collective's reactions to Gaia's response?**

Gaia's universe lost its equilibrium through the human action of starting and continuing to explode atom bombs. (The human must understand that this information is being written in a style humans can understand. There is no hierarchy in the Collective, which moves, creates, feels and thinks in unison. Although this is well documented, it is difficult for the human to appreciate the fine mechanics involved in such a creation, even though the humans themselves are a part of it. The humans have forgotten how to use the senses required to acknowledge this feeling. The Collective's immediate reaction was to expel the unique energies from the 13 universes to support and protect itself. Itself includes all things known and unknown to you humans, but it also includes the humans.

**1.6 How can the lost knowledge be remembered and integrated into this universe with its own present knowledge?**

It has been a matter for this universe system to remember such energies in order to receive and integrate the Energy Spheres™. This has been achieved through the Collective to which this universe belongs of course, but through the lack of the human understanding with regard to its own consciousness and the importance of its own sub conscious, some of the communication links between the Gaian universe and the Collective have been blocked. It is the sub conscious that provides the lines of communication between the Collective and the human which filters through to the conscious. Since the human has evolved thus far, and is increasing its understanding of the sub conscious, this is enabling the Gaian universe to clear the links. This process is now completed enough to allow the current energy shifts being experienced in the Gaian universe to adapt and the lost (*hidden*) knowledge to re-emerge and be diffused with the current knowledge and future knowledge yet to be discovered.

**1.7 Why is human awareness so important?**

It is the increase of human awareness in its entirety that provides the counterbalance to the negativity that has been created by humans due to their lack of awareness. This lack of awareness is necessary for the human to experience the issue of 'cause and effect'. At present, the Gaian Universe is unbalanced and this is having an adverse effect on all the universes presently interfaced with the Gaian universe.

**1.8 Are there other humans receiving this information and if so how many are receiving information concerning Energy Spheres™?**

There are other humans receiving aspects this or similar information and the number is increasing each day.

**1.9 Are the Energy Spheres™ connected to the Crop Circles phenomenon, if so, how?**

Yes, a circle is a sphere in the first and second dimensions. These dimensions are where all symbols reside. Symbols are the Collective's strongest communication medium due to their purity. Symbols work on the human psyche without interference from the human sub conscious and conscious. Humans have no defence mechanism against symbols. The Collective is creating the crop circles by using their own communications sphere, which marries with the earth's electro magnetic energies. When combined with the communication sphere, these energies have the effect of weakening the plant structure sufficiently so that it responds to the electro magnetic energies that are an integral part of the earth's gravity. It is the gravity that pulls the plant structure until it weakens sufficiently to bend, and during this process the DNA of the plant is changed enabled by the degree if the bend. This is due to the electro magnetic energies being used to complete the process. Fake crop circles can be identified by checking the DNA of the stems used to produce the circle. All this is already well documented.

## **2. MATTERS CONCERNING DETAILS OF THE CONCEPT OF THE ENERGY SPHERES™, THEIR EXISTENCE AND WHY THEY ARE NEEDED**

### **2.1 What are Energy Spheres™?**

Energy Spheres™ are energies that hold various essences/elements of light, numbers, colour, and sound, all of which are used to carry the knowledge of the rejuvenation energies and those mediums they represent. Some energy has not yet been received and if received not recognised by the human species residing at present in the universe holding Gaia. Each of the spheres is unique, in its own right, and encapsulates those unique qualities of each individual universe which they emanate from. The various energies contained in the Energy Spheres™ exist at a vibrational level, thereby being able to exist through infinite and various dimensions, both to and from their point of origin.

### **2.2 Where do Energy Spheres™ emanate from?**

The Energy Spheres™ emanate from the Collective via their points of origin, which is Beyond the Polarities and the 13 other universes that are directly adjacent and parallel to the universe presently holding Gaia. The circumference of each universe links into the other.

2.2.1. How many Energy Spheres™ are there?

There are 13 + Gaia making Energy Spheres™ which = 14.

2.2.2. Why have you separated the 13 from the etc?

The last Energy Sphere™ is the compilation of the previous 13 and is held by Gaia and therefore separated. 13 is the number humans work to at present, and it needs to be shown that during the process of evolution that number has now increased to 14.

### **2.3 What is the history of this knowledge the Energy Spheres™ contain?**

The knowledge now required includes the knowledge once known to this universe but which was rejected through the human evolution and then hidden. Other universes, outside that of Gaia, still work with these energies of knowledge, and it is from these universes that the Energy Spheres™ receive their knowledge to transmit and disperse into Gaia's universe.

2.3.1. Since the Energy Spheres™ now originate from outside the Gaian universe, the energies contained in the spheres are different to the known and still unknown energy vibrations of this universe. With the current shift in Gaia's own energy vibrations, the knowledge contained in the spheres are becoming more acceptable and easier to integrate with the present vibrational levels.

### **2.4 What are the qualities of the Energy Spheres™?**

The quality of the Energy Sphere™ is Energy. Energy is knowledge in its purest form. The Energy Spheres™ contain the rejuvenation knowledge to re-energise Gaia's universe in its entirety. The tools used to transfer this knowledge are colour, numbers, light, and sound. The medium used to transfer the knowledge from the tools to the recipient is what the human call 'delusion' by the 'qualified' some and illusion by others.

2.4.1 I do not understand the last sentence can you explain please?

The human has created both these words in an attempt to describe the workings of the human mind in order to understand. Both these words fail to describe the workings of the mind and have only led to mis-understanding. Take away the human 'reality' and apply these words and you become closed to the abilities of the human mind both conscious and the subconscious. Illusion is true reality and delusion is illusion applied to a human.

2.4.2 Can you qualify the qualities of the Energy Spheres™?

There are 6 male (Yang) energies, 6 female (Yin) energies =  $12 + 0 = 13 + 1 = 14$  (5.4 refers). The spheres use their own unique resources to assist Gaia. The Energy Spheres™ combine energies of any one sphere that forms the 'Rejuvenation' Therapy and all that the 'Rejuvenation' Therapy encompasses. Complete rejuvenation is possible through the balancing of the mediums of colour, light and sound which carry the knowledge of the essences they represent.

### **2.5 Why are the Energy Spheres™ necessary?**

To assist and support Gaia by way of providing rejuvenation energies whilst she is experiencing her next environmental evolution. This environmental evolution is tied into Gaia's journey

across the Age of Aquarius.

2.5.1. Each universe, although a part of the Collective, has separate unique energies in its own right, which in turn is the Collective. Each energy required is relevant to Gaia and/or her inhabitants. Since the energy from each universe differs, it was important to ensure that the energies directed were properly received. This has now been achieved.

2.5.2.1 Not all the 13 energies are being directed towards Gaia and not all the 13 energies are being directed towards the human species. The overall areas are as follows:

2.5.2.2 The 13 planets within Gaia's own solar system.

2.5.2.3 The earth's solar system in its entirety, acknowledging the human perception of time, past present and future.

2.5.2.4 Directed to Gaia

2.5.2.5 Directed to the humans

## **2.6 Have the Energy Spheres™ been deployed (disseminated)? And if so when and for what reason or reasons**

The word deployed (*disseminated*) is the human terminology. (Yes). The distress of Gaia became acute when the atom bomb was exploded on Nagasaki and Hiroshima on 6th and 8th/9th August 1945. The assembly of the Energy Spheres™ was the result of the Collective responding. This response was automatic and immediate.

## **2.7 Is there any belief systems that possess these Energy Spheres™ already?**

Yes. Many belief systems already have such variants of the Energy Spheres™, but these belief systems are not viewed by the orthodox belief systems in power at present as being relevant.

2.7.1 Why is this?

Their original meaning has been lost in the interpretation, the translation, the superimposing and the continual revising of the original belief system.

## **2.8 Where can these belief systems be found?**

The belief systems, which still contain the knowledge of energy as already described, can be found with the elders of the active tribes of the African Bush, the Amazon, the Aborigines, and the Native Americans etc. This knowledge is resurfacing and already much has been received which is already well known.

## **2.9 If this knowledge can be found in those belief systems, why can't we get the information from them?**

You can.

## **2.10 Then again, I ask why am I receiving this information from you?**

To reinforce the knowledge that already exists. To date, few human have wished to listen to elders and be taught. Furthermore, very few elders are inclined to teach those from another belief system, especially those from whom their ancestors were responsible for the decline of the very belief system they now wish to enquire about.

2.10.1 Although various enlightened humans have succeeded in learning some of the traditions of the old beliefs, those belief systems cannot be integrated into the belief system of the student.

2.10.2 It takes a lifetime to learn many of the ways of the Old Ones, and the *human no longer have that amount of time to take* learning such ways.

2.10.3 The Energy Spheres™ can provide the knowledge by integrating into the belief system already ingrained in the human wishing to receive the Energy Spheres™.

## **2.11 Why has the Hindu and Tao practices been chosen?**

Both the Hindu and Tao practices are widely used in the West yet venerated in the East. Neither has yet been polluted by extremism. One of the reasons why both of these belief systems exist is to facilitate the Energy Sphere™ Therapies. The Energy Spheres™ are referred to and connect with the ancient Tao Alchemy tradition/teachings. It is the belief system (amongst others) chosen by the Collective to integrate the knowledge not yet discovered with the old knowledge (now either forgotten or diffused) concerning Energy Spheres™.

## **2.12 Can you give an example of this?**

**Yes**

2.12.1 Your moon and sun were the first Energy Spheres™ to be acknowledged by the human. This acknowledgement created the Sphere, which has come to symbolise many aspects of the humans' creation and ongoing *evolvment*.

**2.13. It would appear the shape of the sphere is relevant: is this so and if so why?**

**The shape of the sphere is the most complete shape there is outside that of the geometric of the crystalline dimension. It is the foundation of all universes that appear in the materialised form. The cube, although it contains a sphere, it is not a sphere. The sphere can contain a cube whilst at the same time not lose its own shape. The sphere is the mother of the *shape* ellipse and the *shape* egg. None of these shapes end or begin, they exist in their whole entirety. This cannot be said of a cube or any shape created by the cube shape.**

2.13.1 The ancients and Old Ones of Gaia knew and understood the powers of the sphere, of the energy flow created by the sphere. Over the millennia such knowledge was lost when the oppression and 'apparent' ease of the straight line appeared. Although the straight line is essential it is no more essential that the curve created by the sphere. Balance must be regained.

**2.14 Has gender been appointed to the straight line and the curve?**

Yes OF COURSE, as is already well documented, it is as it always was, the straight line is male, the curve is female.

**2.15 Can you give a modern day example of this lost knowledge?**

Yes, Feng Shui and the re-emergence of the Old Ways such as the Celtic maze and the moon. Again, this is already well documented.

**2.16 What are the Energy Spheres™ here for?**

This question has already been asked. To ground the 'Rejuvenation' Therapy into the human dimension to rejuvenate Gaia and her thus inhabitants.

2.16.1. Each universe, although apart of the Collective, has separate unique energies in its own right, which in turn is the Collective. Each energy required is relevant to Gaia and/or her inhabitants. Since the energy from each universe differs, it was important to ensure that the energies directed were properly received. This has now been achieved.

**2.17 Have the Energy Spheres been launched and if so when?**

Yes, the 'time' and 'allocation' table for the initial launching is as follows:-

2.17.1

ES No.	Date	Location
11	1945	Co created original matrix path
12	1945	Co created original matrix path
8	1948	Gaia and her entire universe including all her life forms of Earth Air and Sea, humans and solar system- 'the past'(continuum)
7	1949	Gaia and her entire universe including all her life forms of Earth Air and Sea, humans and solar system- 'the now' (continuum)
5	1954	All planets in Gaia's solar system excluding star & asteroids, but no life forms
6	1956	All planets in Gaia's solar system including stars and asteroids
1	1957	Gaia, independent of all her life forms of Earth Air and Sea
2	1961	Gaia, including her life forms of Earth Air and Sea but excluding humans
3	1963	Gaia, excluding her life forms including humans.
4	1967	Gaia, including her humans and her life forms.
10	1973	Humans through the polar star, ASC Zodiacal sign
13	1979	All the known and make known the unknown
9	1986	Air and Sea, humans and solar system- 'the future' (continuum)
0	1987	Movement to and from Beyond the Polarities.

**2.18 Have these activities affected the present system of Gaia energy and if so how and why?**

**Gaia's universe, her past, present and future is in the continual process of being enveloped by and integrated with the Energy Spheres™. The energies being experienced today exist because of the automatic and immediate launching of the Energy Spheres™ once the first atom bomb exploded.**

2.18.1 The reason for this is that had not the Collective responded in such a manner, Gaia would not have survived the last 50 years, and life on Gaia would not be as it is now. As already stated, the Energy Spheres™ rejuvenate the universe in its entirety, enabling equilibrium to be achieved.

**2.19 Why has there been no reporting of any significant or obvious change in the environment other than negative - since the launching in 1945?**

**The influence of the Energy Spheres™ is not one of invasion or of interference. The Energy Spheres™ process is working on such a fine level, only gradual enhancement of quality is noticeable. Those who are highly attuned and have access to these fine levels will be aware of the positive energies and their achievements, but will not be aware that it is the Energy Spheres™ that are responsible. This enhancement is to be found in the unique workings on a vibrational level only. The human working as the Collective will be open to this vibrational level and will have noticed the enhancement. On a human personal level enhancement may be detectable by way of a pendulum swing altering, or colour vibrations being slightly lighter or darker in shade of the same colour, or a colour being changed altogether.**

2.19.1. Well known examples of the influence of the Energy Spheres™ on humans are:-

2.19.1.1 The Environmental issues have arisen and become apparent culminating in Green Peace and Friends of the Earth

2.19.1.2. Humanity Issues have arisen such as an increase in Voluntary workers assisting in war torn or devastated areas.

2.19.1.3. The European Court of Human Rights

2.19.2. It is impossible for humans to categorically state which enhancements are due to the Energy Spheres™ and which are not, since the Energy Spheres™ have been energising all things known and unknown, and therefore all things have been affected. If humans wish to seek proof of enhancement that is up to them. Their search will be futile since the proof is all around them and if they cannot see, it is their own blindness that is responsible, but this of course is necessary as the human knows, to form the human Cause and Effect issue and timing.

**2.20 Has the launching (*jettisoning*) of the Energy Spheres™ affected other Solar Systems in Gaia's Universe?**

Yes.

**2.21 Has the launching (*jettisoning*) of the Energy Spheres™ affected other Universes?**

Yes. The launching (*jettisoning*) of the Energy Spheres™ has affected all things known and unknown. Please try to think as part of the Collective.

**2.22 Please give further reasons why are the Energy Spheres necessary?**

The Energy Spheres™ are necessary due to the on-going destruction of the Gaian Universe caused by pollution. The effect this is having on the Collective, especially the Universes interfaced with the Gaian Universe are unacceptable.

2.22.1 Could you expand on this please?

In order for the human to stop the pollution before they become extinct, it is necessary for the human to increase their awareness. The Energy Spheres™ have been sent to increase the awareness of the human, that is, if it is decided that the human race wishes to continue to evolve.

2.22.2 One of the methods the Collective uses to expand the human awareness is that of Cause and Effect. When this method is applied to the human, they themselves

become aware of their own actions and the cause and effect of those actions, firstly on others, then on themselves, then on their living environment. The method of Cause and Effect can be traced in all the belief systems known to the human. This is no *co-incident*, since *co-incident* does not exist. The method of Cause and Effect is regarded as old knowledge which is in need of being rediscovered and reinforced. The reason for this is the method of Cause and Effect is a fundamental learning requirement for the ETs who have opted to learn the human experience. The Energy Spheres™ are capable of achieving this.

2.22.3. The main reason for the present situation in the Gaian Universe is that the majority of the humans are no longer aware of their entirety *and none are of their wholeness and of the importance of that wholeness.*

### **2.23 How do the Energy Spheres™ assist?**

This is already well documented. It is the higher self, which is the aspect the human processes to enable of their *evolvement*. The higher self is a part of the Collective. The human finds it difficult to access their higher selves, least of all maintain that access. Although they have discovered some of the tools to assist, such as the vibrational products of music and art, the present human condition is heavily reliant on the social structure of materialism, which was created to oppose any such access in order to expose the state enlightenment.

2.23.1 The human emotions respond to the vibrational tools of colour and music in such a way that access to the higher self is achieved, since it is human emotions which are one of the gateways to the higher self.

2.23.2 It is also the human emotions that bear the brunt of man's inhumanity to man. Such inhumanity blocks access to the higher self as well as it clears access to the higher self.

2.23.3 The human condition has created many belief systems to assist in what the humans find very confusing.

2.23.4 It is the integration of the Energy Spheres™ directly to the human as well as through the already established belief systems that will provide the rejuvenating energies required to revitalise the human condition in a positive manner, which is an integral part of the Collective.

### **2.24 How will the Energy Spheres™ integrate with our present system?**

'Your' present system does not exist in the manner you humans think. The Gaian Universe automatically integrated the knowledge contained in the Energy Spheres™ on the directive of the Collective.

### **2.25 Who is responsible for this pollution?**

This is already well documented. The humans collectively, both directly and indirectly, to experience the issue of Cause and Effect. Your West is responsible through materialism, your East is responsible through poverty. Increasing numbers of humans are recognising the subtle changes in human behaviour enabling many to see. Gaia herself is raising the cloak of deception to assist the human experience.

### **2.26 How is the Gaian Universe being destroyed, please give examples?**

2.26.1 Decimation of the rain forests

2.26.2 Man-made pollution and the resulting effects which have not yet been fully recognised by humans.

2.26.3 The natural resources being taken from Gaia and the resulting starvation of Gaia.

2.26.4 Decimation of the Ozone layer and the resulting suffocation Gaia is experiencing.

2.26.5 The radiation pollution that is deforming and killing the Nature of Gaia.

2.26.6 Humans obsession with possessions and the resulting inhumanity against their own kind.

2.26.7 The resulting mutations of humans, plants, animals, fish and fowl from the above well known destructive activities of humans.

2.26.8 The increased stress levels which are driving the humans themselves beyond endurance resulting in negative behavioural patterns that are inherent. All this you already know.

### **2.27. How are the stress levels affecting humans?**



Humans, as already well documented, having created unacceptable behaviour patterns, have as a result created unacceptable stress levels. Humans were not designed to function in the manner many are now functioning without increasing their functioning vibrations. Humans have responded by automatically adapting their adrenaline facility in an attempt to cope with the stress levels. Originally, this adaptation was intended as a short term solution. This short term solution has now become a permanent automatic response to stressful situations.

2.27.1 This original adaptation; which was intended for short-term survival, has created a change in the chemical make up of the adrenaline itself, causing a chain reaction in the rest of the chemicals of the body. This alteration in the chemicals that create adrenaline itself, coupled with the chain reaction of the other chemicals, is causing humans to experience greater ill health problems such as ME and other viral infections that are feeding off the new chemical structure of the human.

2.27.2. *The change in the chemical structure creating the adrenaline is at present minute.* Never the less, should this situation not be addressed and rectified, the process of self destruction originally caused by increased stress will be the major cause of the elimination of the human condition at its present vibrational rate. At that stage, the change in the chemical structure of adrenaline and other related chemicals will be obvious and this will be partially responsible for the increase the rate of the human vibration, which is what is required.

## **2.28 What are the obvious effects of the continual stress levels having on humans?**

The major effects are:

2.28.1 Holistically the subtle bodies of the human is being eroded by stress giving rise to:

2.28.1.1 Stress is affecting the human at cellular level, thus assimilation is being inhibited resulting in vitamin and mineral deficiency. This is creating a myriad of problems physically, e.g. humans are ageing prematurely and all the consequences of those implications.

2.28.1.2 The human natural ability of stress management is declining causing imbalance in both emotional and mental fields.

2.28.1.3. Subsequent actions to imbalance reactions is creating a critical stress cycle.

## **2.29. Were humans warned about this behavioural pattern causing problems and if so by whom and how?**

Yes. It is they that requested the experience, please remember your own belief systems. It is *their own kind having been warning them.* Prior to the change in the behavioural pattern, humans held the knowledge within, and automatically practised its laws. *It is since the 1800s in your time that humans have to forget, and even when reminded, humans have refused to remember.* Humans started to think they knew better. They do not.

2.29.1 In many ways, the human has witnessed the change of behaviour other than in their own species. e.g. keeping wild animals in unnatural conditions. Humans studied the change of the wild animals behaviour, but did not apply this knowledge gained to their own species. Some human belief systems such as the Japanese Shinto, the Native American and the Aboriginal belief systems clearly state mother earth is and humans are only part of the integral weave. But this has been rebuffed. Many enlightened humans have pointed out the analogy between wild animals and humans, but this thought has been deliberately extinguished by misguided self-importance.

2.29.2 Due to ego, part of the human condition, *the above and many many other warnings have been ignored by their 'powers' that be.* This is as it should be and provides another example of Cause and Effect.

## **2.30 What is the effect of these continual stress levels having on humans and Gaia?**

This is already well documented, although you are not aware of the full gravity of the situation.

## **2.31 Has a corridor of change been created and if so when and how?**

Yes, a corridor of change was created on 6th August 1945. Since then the human has devised two camps of thought, creating the corridor of change. Again, this is well documented. The corridor of change has been achieved by forming an old sector and a new sector. Events which

started in the 1840s Gaian time and finalising with the activities of the 1960s gave birth to the new sector. The words 'old' does not refer to the humans age, but to attitude created by the Picean energies and the entering of the Age of Aquarius which ushered in another state of enlightenment. Enlightenment has been possible through the LightWorkers and their activities. The word 'new' does not refer to 'not seen or used before'. Much of the information being received by the LightWorkers is in fact based on old knowledge re discovered. Much of the foundation used to provide the existence of the new order is also different knowledge being sent by the Collective through the LightWorkers. The 'old' sector represents those the human who is unable to accept change. This is important since such humans ground the LightWorkers. The new sector represents those who are able to accept change. This is already well documented elsewhere. These issues are already well documented.

**2.32                   It is our understanding that our world leaders have been bringing pollution under control. Is this the case?**

No. The pollution of Gaia and her universe is continuing more than ever even though the populace as a whole is under the impression the pollution issue is under control. Many of the old sector are to be found in positions of 'power'. The trickery and stealth used by the human on their own kind is increasing and expanding. This is misleading those humans who care. Many of both the old and new sectors responsible are not adhering to the safety measures laid down by the various governments. This is because the structure set up by the governments with regard to pollution was designed not to reduce pollution but to disguise it. The reason for this is greed, but it is also a requirement since this human experience is linked to the increasing of the human DNA structure.

**3. MATTERS OF IN DEPTH DETAILS OF THE ENERGY SPHERES™**

**3.1 Please give details of the launching of the Energy Spheres™.**

The Collective uses the matrix system, which is the foundation of your solar system. The matrix system deployed, launched and received the Energy Spheres™. The Universes responsible for providing Energy Spheres™, nos. 11 and 12, established the matrix path for this purpose. This matrix path is fundamental to the process as a whole and is therefore known as the Master Matrix. The Master Matrix creates the pathways to enable the remaining Energy Spheres™ to be despatched from their Universes and gain entry into the Gaia Solar System. The Master Matrix automatically aligns itself to the areas designed to receive the Energy Spheres™. Without the Master Matrix pathway the Energy Spheres™ could not contain their own matrix system, which is necessary and crucial to the process of diffusion. Diffusion is the process used by the Energy Spheres™ to be received. Failure to diffuse would result in the Gaia Solar System being open to vibrations that could not be assimilated. This is not acceptable.

**3.2 You have already given information concerning the initial launching, can that information be expanded?**

Yes. Each of the Energy Spheres™ contains colour codes, which identifies which Universe the sphere emanates from. The colour and number are to be used to identify the unique energy contained within each individual Energy Sphere™.

3.2.1.

The first wave	ES No.	Date	One Aspect Colour Code
	11	1945	Violet
	12	1945	White light
	8	1948	Light Blue
	7	1949	Turquoise
	5	1954	Dark Green
	6	1956	Pale Green
	1	1957	Red
	2	1961	Orange
	3	1963	Yellow Ochre
	4	1967	Light Gold
	10	1973	Purple
	13	1979	Rainbow
	9	1986	Indigo
	0	1987	Metallic Rainbow
The second wave:			
	3	1987	Yellow Ochre
	5	1988	Dark Green
	9	1990	Indigo
	1	1991	Red
	2	1992	Orange
	8	1993	Light Blue
Emergence of 'new' colour		1994	
	11	1995	Ultra Violet
	13	1996	Rainbow Spectrum
Emergence of 'new colours	0	1997	White Light
Not yet completed	0	1998	Metallic Rainbow

3.2.2. The Energy Spheres™ are being deployed as and when necessary to ensure that over a period of time, as each wave is completed, so will Gaia and her Solar System begin to replenish its lost Energy.

**3.3 Has there been any resistance to the launching of these Energy Spheres™?**

No. It is the decision of the Collective and as a Collective there can be no resistance. Please attempt to think as the Collective you are.

**3.4 Have the Energy Spheres™ come through the 3rd dimension?**

This is a nonsense question - no, the Energy Spheres™ enter all dimensions by way of diffusion of course, including the 1st, 2nd, 3rd 4th and 5th instantaneously. During this process the matrix path (ES11 & 12) was automatically programmed to receive the remaining Energy Spheres™. The Energy Spheres™ have also entered the inter dimensions which are to be found within each dimension some humans are aware of, but of the inter-dimensions, which all humans pass through without knowledge, has not been identified by the humans yet.

Inter-dimensions are the key to the human ability to time travel.

**3.5 Are the Energy Spheres™ active?**

Yes, from the time of *diffusion* only.

**3.6 How do the Energy Spheres™ enter our Universe?**

Through the middle of the 13th planet. The 13th planet is one of the Doorways to the Gaian Universe and it is widely known and well used. Once in the universe, the Energy Spheres™ enter through various access gates held in the Gaian Solar System. There are four Access Gates two of which are Polaris and Orion. The Old Ones and Ancients knew of these Access Gates, as can be proved by the information to be found under the Sphinx and the resulting Key Doorways you call Pyramids that are to be found throughout Gaia, which are built by the knowledge of the Ancients under the supervision of the Old Ones. The Energy Spheres™ allocated to Gaia's Universe will use various routes, but not those Access Gates.

**3.6.1 Where and how do the Energy Spheres™ enter this Solar System?**

All Gaia is vibrations, various forms of vibrations exist, thus creating the illusion which the human has chosen to solidify through their mindset using the electro magnetic fields. Because the human mindset is very limited, they have not been successful in solidifying many aspects of existence created by the Gaian Universe. It is these areas that still hold the Gateways that have not yet been 'discovered' by humans. The Energy Spheres™ enter Gaia's Universe through such Access Gateways already in use in the Milky Way in the Ophiuchus region. From there the Energy Spheres™ follow through Polaris. Energy Spheres 11 and 12 diffused to create the Master Matrix Pathway already referred to 3.1. Once the pathway was in existence the Energy Spheres™ were deployed as per the schedule, as required by the Collective, starting in 1945. The Energy Spheres™ are being held in the Zodiacal Constellations until being called upon by the humans.

**3.7 Why are the Energy Spheres™ being held in the Zodiacal Constellations?**

The Zodiacal Constellations are responsible for receiving and holding the Energy Spheres™ until the requirement for them is acknowledged.

3.7.1 The Energy Spheres™ have been allocated to the humans via their individual birth sign but were activated at the moment of conception. The Energy Spheres™ gain access to the human through the personal cosmic psyche as shown in their astrology chart.

3.7.2. The four palaces of the 28 lunar mansions of the Chinese Astrology simultaneously hold the Energy Spheres™, the planetary influences of the Hindu Tattwa system, and any other belief system used by the humans.

**3.8 What is the next stage?**

The Energy Spheres™ are integrated by diffusion as intended.

**3.9 Would you please explain ES2?**

ES2 entered in 1948 during the first stage of integration. ES2 is to remain hidden from the human. Gaia, all her sea life, all other earth life including plants and air life are to receive ES2 energy. Should any of the sea, earth, or air life be allocated for human consumption, the energy

contained therein from ES2 will dissipate prior to the *life kill*. The humans must learn that not all that surrounds them is theirs. This is necessary for the Cause and Effect issue.

**3.10 What sort of energy is contained in the Energy Spheres™?**

The Energy Spheres™ contain all energy known, unknown and necessary, if Gaia is to continue to exist.

**3.11 Do these energies fall into categories that we can relate to?**

They can do, if required.

3.11.1 Then could you please categorise and provide the information required?

The energies contained within the Energy Spheres™ are as follows:

3.11.1.1. *The Energy of ALL Knowledge*

- a. the energy of Air
- b. the energy of Fire
- c. the energy of Water.
- d. the energy of Earth.
- e. the energy of Understanding
- f. the energy of Enlightenment
- g. the energy of Communication

3.11.1.2. *The Energy of Compassion*

- a. the energy of Giving
- b. the energy of Receiving
- c. the energy of Acceptance
- d. the energy of Sacrifice
- e. the energy of Healing
- f. the energy of Self empowerment
- g. the energy of Taking

3.11.1.3. *The Energy of Regeneration*

- a. the energy of Crystals
- b. the energy of Colour
- c. the energy of Sound
- d. the energy of Light
- e. the energy of Living
- f. the energy of Dying
- g. the energy of Change
- h. the energy of Growth
- i. the energy of Repair

3.11.1.4. *The Energy of Rejuvenation.*

- a. the Elixir
- b. the energy of Transformation
- c. the energy of Evolution
- d. the energy of point Ground Zero
- e. the energy of Recognition

3.11.2 Each of the Energies described above are entities in their own right and should not be regarded as anything less. They are contained in the Energy Spheres™, which are a closed system. Each energy contained is independent of the others.

**3.12 From this information, it would appear the Energy Spheres™ are living entities in their own right. Is this due to the fact they are capable of reproduction?**

As already stated, the Energy Spheres™ are entities in their own right, but not as the human perceive entities. The Energy Spheres™ are capable of reproduction but not as the human perceive reproduction. Although the Energy Spheres™ are capable of producing and reproducing the above Energies independently or jointly, as already listed above, the Energy Spheres™ do not 'reproduce' as humans perceive. Humans have not yet remembered the knowledge pertaining to energy, whether it be in thought or elemental form. The Energy Spheres™ exist because they are required to exist by the humans themselves in alliance with the Collective.

**3.13 Do the Energy Spheres™ contain human Life Force?**

No. Only humans can generate their own Life Force. Human Life Force is unique to each human and cannot be 'manufactured'. This is already known.

**3.14 What is human Life Force?**

Human Life Force is the energy that forms the human, which in turn is formed from the Energy that is created by the desire or wish to exist.

**3.15 What is the colour element of each Energy Sphere?**

The colour element of each Energy Sphere™ represents the vibrational quality of the colour held. The colour element of each sphere is used to:

3.15.1 assist in explaining the fundamentals of the Energy Spheres™ to the human known as colour coding.

3.15.2 to utilise and extend the Mother Therapy Colour already known to the human.

3.15.3 the Energy Spheres™ agitate the known energy vibration of each colour creating a far more powerful energy, which can be used as a tool. The strength of the agitated energies is similar to that of your Laser energy knowledge.

**3.16 You say that Energy Sphere™ nos. 2 (orange), 3 (yellow ochre), and 5 (dark green) Energy Spheres™ are not for humans**

**Yes.**

3.16.1 Please clarify this.

3.16.2 The agitated energy vibrations produced from the colours orange, yellow ochre and dark green are not safe for humans. Non agitated energy vibrations of those colours are safe for humans. If Energy Spheres™ 2, 3 and 5 are called upon in a therapeutic situation, the colours provided will not be agitated and therefore safe to use on the human.

**3.17 Why is this?**

The colours 2, 3 and 5 if applied agitated to humans will burn the living cell tissue. This does not apply to non-human living cell tissue.

**3.18 Is the colour vibration encompassed in the Energy Spheres™ an independent energy and if so what other qualities do they possess?**

The colour vibration emanating from the Energy Spheres™ will if required take on that colour the client requires. The colour energy has the capability to adapt to requirement, similar to that of a chameleon. The colour energy is fluid and semi fluid.

**3.19 Why is it necessary for the colour energy to have such a chameleon quality, changing its original colour?**

This quality is required to avoid over-energising of any one colour, and will adapt instantly, without intent human or otherwise.

**3.20 I note you have numbered the Energy Spheres™, is this relevant?**

Yes, the dimension of numbers has not yet fully been opened to you. It is sufficient at this time to say that the vibrations of numerology form part of the foundation of existence, therefore each number allocated to the Energy Spheres™ represents an integral part of the Energy Sphere™ itself.

**3.21 Could you expand on the explaining of what the Energy Spheres™ are?**

The Energy Spheres™ by their very nature of existence combine all things, which work together as a whole, resulting in 'Rejuvenation'. The 'Rejuvenation' aspect forms a therapy and is one of the tools of the Collective and by being so, works on the principal belief system that forms the Collective. This principle is still very difficult for the human to encompass into their psyche, even though the human is now aware of such a philosophy. One of the reasons for this is that the humans are not yet aware of all the matter, including Gaia, that forms the Collective. The Energy Spheres™ are the Collective, which is why the resulting 'Rejuvenation' Therapy can be aligned to Gaia through the human belief systems, past present and future.

3.21.1 Humans also run the risk of becoming extinct before their next stage of evolution has been completed. This will cause problems in the other dimensions, which receive the human non physical form directly from the earth plane.

3.21.2 The purity of the essence transferred from the Collective is such that over the proper 'time' span the negative energies (*which are polluting of the mind and body as*

*well as spirit and soul*) will be transformed into positive energies, thus feeding the pure life force of humans.

#### **4. MATTERS OF THE WORKINGS OF THE ENERGY SPHERES**

##### **4.1 How do the Energy Spheres™ work, including the human?**

The Energy Spheres™ work on the principle of fusion and all that fusion encompasses. The Energy Spheres™ work on and in the ethereal at a micro cellular level for those entities that possess cellular structure and those entities that do not possess a cellular structure.

4.1.1 The required energy enters the human ethereal body by fusion, along the nerve pathways, into the nuclei of the cell and rests in the DNA contained within each nucleus

4.1.2 If the cell is healthy the energy will enhance, if the cell is damaged, the energy will regenerate. If the cell is dying, the energy will rejuvenate the waste matter of the dead cell.

##### **4.2 Could you clarify this procedure please?**

Yes.

4.2.1 Entities with a cellular structure: The Energy Sphere™ adapts to requirement. Cells that naturally reproduce will be receiving energy required, cells that do not reproduce will have properties of rejuvenation once they have died, which will in turn be recycled by the body's process, as normal. The Energy Spheres work on free radicals preventing them from T-ing up, thus slowing down the ageing process and all that encompasses. Each cell requiring the energy will be targeted by the Energy Spheres™, cells that would normally be considered beyond repair approx. 50% damaged, will be regenerated, to the extent it could be considered cloned. All cells that are more than 50% and up to 75% will be processed in this way. Cells that are beyond repair will be destroyed, but not before the replacement cell is in place and working.

4.2.2 The Energy Spheres™ achieve this by supporting the chemicals used for natural cell replacement. This is achieved by energising the substances used to reproduce the cells naturally.

4.2.3 Entities without cellular structure. The Energy Spheres™ act as a catalyst, energising the element enabling the element to metamorphosis in the ethereal. If necessary, to enable the required transition to take place, e.g. one of the original elements, Air - when energised with an Energy Sphere™, is cleansed and rejuvenated within the ethereal.

##### **4.3 Can you clarify the effects Energy Spheres™ have on your example of element Air?**

Yes. Air is the carrier of the Energy Spheres™ as well as being one of their targets. Whatever passes through Air changes the fundamental structure of the air itself. Non pollutants such as plants, tree, animals and birds all have the in-built capability to energise the Air as they move through it. Humans, prior to the advent of controlled fire, also had the capabilities to energise the Air through their natural activities. The Air in return enabled life to exist. Pollutants, both man made and natural, de-energise the air. The matter of pollutants will be discussed later.

##### **4.4 How does this therapy take place for humans?**

Once the human's Zodiac identity has been activated the Energy Spheres™ are released and held until such time the human concerned is ready to accept the Energy Spheres™ and all they encompass.

##### **4.5 What is this activation based on and how is it achieved?**

The activation is based on the entire existence of every human. Details of this can be found in the human's astrological chart. Each human has a unique chart pertaining only to them. It shows their past, their present and their future in its entirety from the beginnings. The human's Zodiac identity is activated when the human is conceived in both your dimension and other dimensions known where the Old Ones reside.

##### **4.6 Could you expand on the role of the Astrology Chart?**

Yes. It is the astrological sign that holds the ASC, DESC, the MC and IC of the human that is used to hold the human's required Energy Spheres™. Each Energy Sphere™ represents a Zodiacal Sign. Once the human is ready to receive the Energy Spheres™, that Zodiacal sign releases the Energy Spheres™, which in turn are received by the human via the Therapist.



**4.7 Please provide the allocation of the Energy Spheres™ to the Zodiacal sign.**

Yes.

4.7.1.

ES no.	Zodiac Sign	Colour
1	Red	Aries
2	Orange	Taurus
3	Yellow Ochre	Gemini
4	Light Gold	Leo
5	Dark Green	Capricorn
6	Pale Green	Cancer
7	Turquoise	Scorpio
8	Light Blue	Libra
9	Indigo	Virgo
10	Purple	Sagittarius
11	Ultra Violet	Aquarius
12	White Light	Pisces
13	Rainbow	Glyph 13
0	Metallic Rainbow	Glyph 14

**4.8 Please describe the procedure used once a human is ready to receive.**

Yes. The procedure used to diffuse the Energy Spheres™ into the human relies on all Mother Therapies, known and unknown. Details will be disclosed in the next chapter.

**4.9 Why is this?**

The Energy Spheres™, by their very nature of existence combine all things that work together as a whole. The Energy Spheres™ are a tool of the Collective and by being so, work on the principal belief system of the collective basis. As is already well known, this principle is very difficult for many humans to envisage at their present state of development. Many of those in the human state cannot envisage this since they have not yet learnt to sense the 'whole' as a concept., the 'Mother Therapies' are there to assist in this process.

4.9.1 The Energy Spheres™ are the whole and by their representation can be aligned to the human belief systems which teach that the human soul/spirit is an intrinsic part of the creator self. Because the Energy Spheres™ contain all things, their application is aligned with human requirement through the tools used, the essence of which already exists in the Energy Spheres™ themselves.

**4.10 Why does the essence of the human and the tools already exist in the Energy Spheres™?**

The essence of living things known and unknown exists in the Collective, *and it is this essence that forms the Collective of which the human is an integral part.*

**4.11 What is the reasoning behind transferring essence from the Collective into the human?**

The essence of the Collective is pure. The essence in the human is now polluted beyond normal and known purification means. Since their existence, humans have lost 80-85% of their facility to consume the essential life force held in the essence, through deterioration brought on by human excess, which increased as their pure essence decreased. Unless the humans receive pure essence, which is the basis of all life force, the species human will soon not be able to function at all.

4.11.1 Please give an example of this.

This can already be seen in the drop of the sperm count.

4.11.2 Therapy of the Collective essence is such that over a safe period of time the negative effects being experienced by humans will be annihilated.

4.11.3 The pollution itself is being overcome by the purity of the essence of the Collective contained within the Energy Spheres™.

## 5. MATTERS CONCERNING THE MOTHER THERAPIES

### 5.1 What are 'Mother Therapies'?

'Mother Therapies' are those complementary and alternative methods, which have been used by humans and Gaia for energising, healing and empowering since the began. 'Mother Therapies' includes all known and unknown therapies, and it is these therapies that can be used to distribute the Energy Spheres™. Mother Therapy *is the conception of*, and is applicable to, both conventional medicines and alternative therapies. The Mother Therapy is created, which once established, in time may produce an off shoot to a new therapy; at *junction*, another Mother Therapy is created, and on it goes. Example physics is the Mother Therapy to quantum physics which will in turn be a Mother Therapy to simultaneous time dimensions which is Mother Therapy to time travel. Each Mother Therapy has been created to receive the Energy Spheres™, and once *reception* takes place, deployment of the Energy Spheres™ throughout the human system is automatic. Reception is a combination of assimilation and the act of receiving. This procedure is called the Dance of Yin and Yang (see 5.8 for further details). Once the Dance has been completed, then and only then is the 'Rejuvenation' Elixir ready for humans.

### 5.2 Which Mother Therapies are used for me to base this channelling on?

*The Meridians and Chakra systems and all therapies that extend from those two systems.*

#### 5.2.1 Can you expand on this please?

Yes. The foundation of the answer to this question has already been laid within Matters 1 & 2. To provide further information it is necessary to consider the Masters who have been chosen to provide you with this information namely:

- |         |   |            |
|---------|---|------------|
| 5.2.1.1 | Vibration no. 3   | Djwal Khul |
|         | DK is responsible for providing information concerning the Energy Spheres™ <i>with regard to</i> the Meridian System (Tao)  |            |
| 5.2.1.2 | Vibration no. 5   | Ithakar    |
|         | Ithakar is responsible for directing information concerning Energy Spheres™ from the Collective (E.Ts aspect) <i>with regard to</i> Subtle Bodies                   |            |
| 5.2.1.3 | Vibration no. 8   | El Morya   |
|         | El Morya is responsible for providing information concerning the Energy Spheres™ <i>with regard to</i> the Chakra System (Hindu)                                    |            |
| 5.2.1.4 | Vibration no. 11  | Quan Yin   |
|         | Quan Yin is responsible for providing information concerning Energy Spheres™ <i>with regard to</i> Sound, which is applied to the ET, Tao and Hindu belief systems. |            |

5.2.2 You are receiving information concerning the Mother Therapies that utilise the Meridians and the Chakras since both those methods already work through fusion.

5.2.3 The method of fusion is used to establish the vibrational qualities of the Energy Spheres that are compatible with those unique vibrational qualities of the human. This is achieved through the human's astrology chart using the vibrational qualities of light, sound, colour encompassed in crystals.

5.2.4 It is important that the human body physical is properly prepared to receive one or more of the energies contained in the Energy Spheres.

### 5.3 Does the role of the Therapist and Client change when the Mother Therapy encompasses the Energy Spheres?

No. The role of the Therapist is that he/she has the capability of receiving the required Energy Spheres™ and applying intent. The role of the Client is that he/she has the capability of *accepting* the required Energy Spheres™ and applying intent. When applied to humans the Energy Spheres™ are only 50% effective unless knowing the human intent is applied at the time of fusion. The method of fusion is used to establish the vibrational qualities required from the Energy Spheres™, to be diffused into the Client. The method of fusion uses the lattice definition

of forms found in the human body.

**5.4 Why are the words ‘Receiving’ and ‘Accepting’ in Italics?**

These two capabilities are an integral part of the Dance known as ‘The Dance of the Yin and the Yang’. Please note, the term Yin and Yang in this context of Energy Spheres™ is being used as an example, using terminology the human can understand, to explain the importance of procedure, order and balance.

5.4.1 Could you expand on this please?

The Dance of the Yin and Yang represent the Stages the Energy Spheres™ go through before they can be accepted by Gaia, her Universe and finally married to the Mother Therapy. The Dance of the Yin and Yang ensures and maintains procedure, order and balance which is always necessary in all things, and only to be found in true Chaos (9.7 refers). The Energy Spheres™ have been received by all life forms, including humans, who have been receiving the benefits of the Energy Spheres™ indirectly, and only with the knowledge of their individual higher selves. Without conscious knowledge the all-important intent cannot be instigated. Human intent exists in both the conscious and sub-conscious. Without the conscious element, the Energy Spheres™ cannot be utilised to their full potential. With humans, the subconscious represents the Yin and the conscious represents the Yang.

**5.5 Can you please provide the information concerning the Stages?**

Yes

ES No.	Activity	State		Yin/Yang
1	The Energy Spheres™ were activated, allocated into colour, yin and yang, depending upon from which Universe they emanated	Existence Activation	= =	Androgynous Yang
2	Prior to deployment, the structure of the Energy Spheres™ was adjusted to insure <i>receptivtion</i>	Activation Deployment	= =	Yin Yang
3	<i>Receptivtion</i> of the Energy Spheres™ by Gaia and her universe ( <i>Receptivtion</i> being an integral part of the process without it, the Energy Spheres™ would be inactive)	Deployment <i>Receptivtion</i>	= =	Yin Yang
4	<i>Receptivtion</i> & Acceptance by Gaia & her Universe (Acceptance being an integral part of the process without it, the Energy Spheres™ would be inactive)	<i>Receptivtion</i> Acceptance	= =	Yin Yang
5	Acceptance & <i>Receptivtion</i> by humans on a subconscious level	Acceptance <i>Receptivtion</i>	= =	Yin Yang
6	<i>Receptivtion</i> & Acceptance by humans on a conscious level	<i>Receptivtion</i> Acceptance	= =	Yin Yang
	Table incomplete			

5.5.1 The Dance of the Yin and Yang applies only to the Energy Spheres™. As already stated the Energy Spheres™ are entities in their own right due to their being a closed system.

**5.6 What are the Mother Therapies I (Sni) should be dealing with?**

Your knowledge does not, nor should it, allow you to deal with the knowledge of all Mother Therapies. You have been allocated two Mother Therapies, Mother of Tao and Mother of Hindu. You have assistance to achieve this from the Ascended Masters as already mentioned.

5.6.1. Mother of Tao covers:

- Acupuncture
- Reflexology
- Acupressure
- Shiatsu
- Kinesology
- Chinese Yoga
- 5.6.2 Mother of Hindu covers:
  - Chakras
  - Hindu Tattwas
  - Spirit of Akasha
  - Tantra
  - Kundalini
  - Hindu Yoga
  - Zero Balancing
  - Colour Therapy

**5.7 What is the correlation of the Yin and Yang *with regard to the Energy Spheres™*?**

ES	Yin/Yang
1	Yang
2	Yin
3	Yang
4	Yang
5	Yin
6	Yin
7	Yang
8	Yin
9	Yang
10	Yin
11	Yang
12	Yin
13	Androgynous
0	Movement toward beyond the Polarities

**5.8 Why does the above alignment not marry with the Chinese mindset aligned to numerology?**

It is the Energy Spheres the balances are aligned to not the number, which is there only to give the Energy Spheres form.

**6. MATTERS OF THE ENERGY SPHERES™ WITH REGARD TO THE MOTHER**

## THERAPIES OF THE MERIDIAN AND THE CHAKRA SYSTEMS

### 6.1 Please provide basic details concerning how a Therapist can use the Energy Spheres™ to enter the Meridian System.

The Meridian System is also known as the Energy System™. An ancient system, whose roots can be found in the Tao belief system. This is one of the reasons why the Energy Spheres™ are so compatible with the Meridian System. Therefore the Meridian System is understood well enough by humans for various methods to be employed to enable all the properties of the Energy Spheres™ to be received and accepted by humans. The Energy Spheres™ are used to correct, clear, balance, re-energise, regenerate, or rejuvenate the Meridian System, using the individual channels in total, or using individual points themselves.

6.1.1 The Energy Spheres™ gain entry through the acupuncture points of the body.

6.1.2 Firstly, the therapist must identify which of the Chakras need the Energy Spheres™. The therapist slowly presses the Energy Spheres™, which emerge through the hand Chakras found in each palm. For this to happen the hand Chakras must be open. *Reception* takes place in the Meridian System, by way of fusion and as already described.

6.1.3 Crystals are used to seal the acupuncture points receiving the Energy Spheres™. There are three methods to apply the Energy Spheres™:

6.1.4 Entry to a human's life force is gained through using the Start Point of a Meridian Channel. In order to ensure the energy required is contained, a crystal is placed on the Start Point of the Meridian Channel namely no. 1. Once the Therapist has directed the Energy Sphere™, another crystal is placed on the End Point of the meridian, namely no. 11 if the Lung Channel is being worked on.

6.1.5 Entry to a human's life force is gained through any one of the acupuncture points along a Channel. Again the crystals should be placed on the Start Point and End Point of any Channel.

6.1.6 To use on the Conception and Governing Vessel Channels which, as their name implies, governs all the meridian channels. This option should be used with care, if this is not checked first since it is possible to over energise the independent channels until the human is used to the energies.

### 6.2 Please provide basic details concerning how a Therapist can use the Energy Spheres™ to enter the Chakra System.

The Chakra system is used to transport the Energy Spheres™ into the human system via the vortex, which is created by each Chakra. Gaia created the patterns of each Chakra herself. Again, the Energy Spheres™ contain the same patterning, and therefore the matter of aligning the Energy Spheres™ with the Chakras for *reception* is a simple matter. There are two methods that apply for the Energy Spheres™ to enter through the Chakras, which is as follows:

6.2.1 The Therapist slowly presses the Energy Sphere™ over the Chakra requiring the Energy Sphere™. It is not necessary to touch the client during this process, since the Energy Sphere™ will have diffused into the Chakra by the time the palm of the Therapist's hand is approx. 2 inches from the Client's body.

6.2.1.1 Again a crystal needs to be placed on the Chakra to seal it, since the Chakra must open to receive and accept the Energy Sphere™. Since each of the Chakras is a continually moving mass of energy, it is important to seal the Chakras by placing the required crystal on the Chakra worked on, to ensure the client is not 'leaking energy' or is open when leaving the session.

6.2.1.2 It is not the purpose of the Energy Spheres™ to open the Chakras.

6.2.1.3 To use the Sushuma, whose entry point is at the base of the spine, and ends centre top of the head, also known as named 'Cave of Brahma'. When using this method the same guidelines should be used as for the Meridian CV and GV channels.

**6.3 Does the Therapist require any special training?**

Yes.

6.3.1 Can you expand on this please?

Yes. The Therapists require knowledge concerning the expansion of the Chakras, the Meridians and need to be in possession of the Energy Spheres™ Seals before they can work with the Energy Spheres™ as a therapy.

**7. MATTERS RELATING TO 'REJUVENATION' ENERGY AND THE RESULTING**

## 'REJUVENATION' THERAPY

### 7.1 Is the term rejuvenation the correct word for this energy?

Yes.

### 7.2 The word rejuvenation infers to feel/make younger is this the correct interpretation of the work in relation to the Energy Spheres™?

No. Humans have trivialised the word rejuvenation by changing the meaning to imply 'feel/make younger'. This is because humans equate the physical appearance of anything and everything with positive and negative emotions. The human considers 'ugly' = negative = 'irrational' fear. In fact, although fear is a natural and necessary element of the human condition, these feelings of fears are not 'irrational'. The particular image being viewed, and responsible for the 'irrational' fear, irrespective from where it stems, human or otherwise, is invoking movement in the instincts of the human viewing. Usually, the negative images that throw up 'irrational fears, is stirring some past event, held deep within that human's causal subtle body. Vague feelings of discomfort rapidly turn to fear because of the present lack of understanding concerning the functioning of the causal and the other Subtle Bodies in total. Very quickly the humans learned to associate pleasant viewing with comfort, security, material happiness, irrespective of what was on the inside of the particular object, if any. Gaia's beauty does not cause such confusion for humans, Gaia's workings gave birth to human superstition, linked to instinct, again another necessity for the human condition. Human-made objects, including human host itself cause this anomaly. *Therefore, what humans consider being ugly and aged = death in their eyes (the humans are considered ugly by many other ETs) but the majority of the aged themselves, are feared because it reminds the human of their on inevitable ageing and resulting death which is the fear for the humans.* Things that are feared are usually destroyed by humans, hence their eternal quest for the fountain of youth (birth). This issue is a human condition example, which is being worked on. With regard to the wording of the 'Rejuvenation' Therapy, the true meaning of the word that satisfactorily describes the qualities of the word rejuvenation is that of 'metamorphosis', '*re-placement*', and '*re-new the spirit*'. The 'Rejuvenation' Therapy when applied to humans does metamorphose, replace and renew the spirit in a positive manner. The effects of which filters through to the emotional, mental and finally physical aspects of a human. It is the 'Rejuvenation' Therapy itself, which will assist in defusing the whole issue of 'age (death)' 'ugliness' and 'irrational' fears.

### 7.3 At which level does this 'Rejuvenation' energy work?

*At all levels, starting with the spiritual, then the emotional, then the mental, and finally the physical aspects of the human.*

### 7.4 Please give details of how this is achieved.

7.4.1 Spiritually The 'Rejuvenation' energy enables the spirit to expand to its full potential whilst still in its human host. This means the spirit is no longer *designated* to the linear thinking of humans. This is achieved through the Energy Spheres™ re energising the spirit of the human to the extent that total rejuvenation takes place. Total rejuvenation touches the human *souls*, thereby enabling the human to remember the purpose of the *souls*, *as opposed to the purpose of the spirit*.

7.4.2 Emotionally The 'Rejuvenation' energy enables the human to expand capabilities of human feelings, since connection with the purposes of the soul have been made. This is achieved due to the fact that the human *souls* have been rejuvenated to such an extent that it is able to remember the more positive aspects of the human condition.

7.4.3 Mentally The 'Rejuvenation' energy enables the mind to expand to its full potential whilst in its human host, since it receives the energy to remember what the human brain is for.

7.4.4 Physically Once the human has started to remember how to use the rest of its brain, the 'Rejuvenation' energy filters in at a cellular level, enabling the human host to accept the implications of soul contact, thereby enabling spiritual, emotional and mental expansion.

### 7.5 Do the 'Rejuvenation' Energies apply to Gaia?

Of course, she is the main beneficiary.

## 8. MATTERS RELATING TO THE ENERGY SPHERES™ AND THE TOOLS USED TO

## ADMINISTER THE 'REJUVENATION' THERAPY

### 8.1 What are the tools used to administer the 'Rejuvenation' Therapy?

Crystals, numbers, sound, colour and the 'Rejuvenation' Elixir.

### 8.2 Are there named crystals best used for this work?

All crystals are capable to being utilised for this work. Specific crystals have been appointed for this work and they are:

- 8.2.1 Clear double terminated quartz, Opal Topaz, Ruby, Garnet, Lapis, Carnelian, Diamond, Emerald, (Star) Sapphire, Tourmaline, Amethyst, Moonstone.

### 8.3 Are there correspondences that are relevant and should be adhered to with regard to Energy Spheres™, the stones and methods of practice?

The properties of crystals and their effects are well documented and therefore obvious as to why they are used. The correspondences relating to the above named crystals are also already well documented. Many of those who may read this work will be well versed in the use of crystals, so it is not necessary to go into detail here. It is the combination of the Energy Spheres™ when married to the known properties of the crystals that is the issue and the manipulation of these properties and the resulting new correspondences in relation to the Energy Spheres™ that is relevant.

### 8.4 What are the correspondences for the crystals chosen for this work?

The crystals and their correspondences are as follows:

- |       |                   |                                |
|-------|-------------------|--------------------------------|
| 8.4.1 | Crystal:          | Diamond                        |
|       | Prime Chakra:     | 2                              |
|       | Subtle Bodies:    | All 14                         |
|       | Meridian:         | All Meridians, Gall bladder    |
|       | Tao:              | Yang                           |
|       | Sound:            | F flat                         |
|       | Colour:           | Rainbow                        |
|       | Energy Sphere     | 13                             |
|       | Vibration number: | 33                             |
|       | Zodiac:           | Aries, Leo, Taurus             |
|       | Composition:      | Carbon (C)                     |
|       | Crystal system:   | Cubic                          |
|       | Nutrients:        | Protein, Vits B, E             |
|       | Cellular:         | Nervous, RNA Synapses          |
| 8.4.2 | Crystal :         | Clear double terminated quartz |
|       | Prime Chakra:     | 1                              |
|       | Subtle Bodies:    | All                            |
|       | Meridian:         | Circulatory system             |
|       | Tao:              | Androgynous, Yin if clear      |
|       | Sound:            | To energise C, to release      |
|       | Colour:           | Rainbow                        |
|       | Energy Sphere:    | 13                             |
|       | Vibration number: | 4                              |
|       | Zodiac:           | All Signs                      |
|       | Composition:      | SiO                            |
|       | Crystal system:   | Trigonal                       |
|       | Nutrients:        | Protein, Vit K                 |
|       | Cellular:         | Enhances                       |
| 8.4.3 | Crystal :         | Ruby (Corundum)                |
|       | Prime Chakra:     | 1                              |
|       | Subtle Bodies:    | Mental x 2 and Spiritual       |
|       | Meridian:         | Heart, Kidney, Spleen,         |
|       | Tao:              |                                |
|       | Sound:            | C# to energise, to release     |
|       | Colour:           | Red                            |



	Energy Sphere:	1
	Vibration number:	3
	Zodiac:	Leo, Scorpio, Sagittarius
	Composition:	Al <sub>2</sub> O <sub>3</sub>
	Crystal system:	Trigonal
	Nutrients:	Calcium, Iron, Magnesium, Silica, Vit E
	Cellular:	Energy generated by the heart or thymus
8.4.4	Crystal :	Emerald (Beryl)
	Prime Chakra:	3
	Subtle Bodies:	Etheric, Astral and Emotional
	Meridian:	Circulation, Lung, Heart Kidney
	Tao:	Androgynous
	Sound:	C flat
	Colour:	Green
	Energy Spheres:	5/6
	Vibration number:	4 x 3
	Zodiac:	Taurus, Gemini, Aries
	Composition:	Al <sub>2</sub> Be <sub>3</sub>
	Crystal system:	Hexagonal
	Nutrients:	All, Chlorophyll
	Cellular:	Cellular mitosis
8.4.5	Crystal :	Opal
	Prime Chakra:	1
	Subtle Bodies:	Emotional x 3 and Mental x 2
	Meridian:	All
	Tao:	Yang
	Sound:	E
	Colour :	All - opalescent
	Energy Sphere:	12
	Vibration number:	1, 2, 3, 4, 5, 6, 8, 9
	Zodiac:	Cancer, Libra, Pisces, and Scorpio
	Composition:	SiO <sub>2</sub> nH <sub>2</sub> O
	Crystal system:	Trigonal
	Nutrients:	All
	Cellular:	Bone marrow, growth, abdomen, liver, memory, red corpuscles, skeletal, spleen, white corpuscles
8.4.6	Crystal :	Sapphire (Corundum)
	Prime Chakra:	1
	Subtle Bodies:	Astral, Emotional x 3, Etheric
	Meridian:	All
	Tao:	Yin
	Sound:	G
	Colour:	Blue (black, white, indigo, green, yellow, purple)
	Energy Spheres:	8, 12, 9, 5, 6, 3, 10
	Vibration number:	2, 4, 6
	Zodiac:	Virgo, Libra, Sagittarius
	Composition:	Al <sub>2</sub> O <sub>3</sub>
	Crystal system:	Trigonal
	Nutrients:	All
	Cellular:	Pituitary, Endocrine
8.4.7	Crystal :	Topaz
	Prime Chakra:	5

	Subtle Bodies:	Etheric
	Meridian:	Triple Generator
	Tao:	
	Sound:	E flat
	Colour:	Pink, red, yellow, brown, blue, green, gold, clear
	Energy Spheres:	1, 3, 4, 5, 6, 8
	Vibration numbers:	6, 8, 9
	Zodiac:	Sagittarius, Virgo, Scorpio, Pisces, and Gemini
	Composition:	Al <sub>2</sub> (F <sub>2</sub> SiO <sub>4</sub> )
	Crystal system:	Orthorhombic
	Nutrients:	Appetite
	Cellular:	General Strengthening, tissue regeneration
8.4.8	Crystal :	Tourmaline
	Prime Chakra:	1
	Subtle Bodies:	All 14
	Meridian:	Liver
	Tao:	Androgynous
	Sound:	A
	Colour:	Clear, yellow, brown, blue, ink, red, lilac, green, black
	Energy Spheres:	12, 3, 8,1, 5,6, 10
	Vibration number:	1, 2, 3,4,5,6,7,8,9, 55, 99
	Zodiac:	Libra, Capricorn, Gemini, Taurus, Virgo, Sagittarius, Aquarius, Leo, Aries
	Composition:	(Na,Li,Ca) Fe <sub>2</sub> , Mg, Mn, Al,) <sub>3</sub> Al <sub>6</sub> , (OH) <sub>4</sub> , (B <sub>3</sub> ) (1Si <sub>6</sub> O <sub>18</sub> )
	Crystal system:	Trigonal
	Nutrients:	All
	Cellular:	General strengthening.
8.4.9	Crystal :	Garnet
	Prime Chakra:	2
	Subtle Bodies:	Rhondolite - astral and etheric, Spessartine - spiritual/post spiritual
	Meridian:	Heart and Heart Gov., Spleen
	Tao:	Androgynous (Spessartine)
	Sound:	D sharp - Spessartine F - Rhondolite
	Colour:	Red
	Energy Sphere:	1
	Vibration number:	2
	Zodiac:	Leo, Virgo, Capricorn, and Aquarius
	Composition:	Si
	Crystal system	Cubic
	Nutrients:	Rhondolite Vit A & B
	Cellular:	Spessartine Plasma, white corpuscles Rhondolite - Body recognises pre cancer cells Spessartine & Rhondolite haemoglobin
8.4.10	Crystal :	Lapis Lazuli
	Prime Chakra:	2
	Subtle Bodies	Emotional x 3, Ethereal, Fluidic
	Meridian:	Kidney, All Meridians
	Tao:	Yang
	Sound:	B
	Colour:	Azure Blue, violet, greenish blue

	Energy Sphere:	7, 8,10,
	Vibration number:	3
	Zodiac:	Sagittarius
	Composition:	Na8 (Si (SiO4)6)
	Crystal system:	Cubic
	Nutrients:	Calcium, Lecithin, Oxygen, and Phosphorus Vits B C & E
	Cellular:	Oxygenation of cells, cell mitosis
8.4.11	Crystal :	Carnelian (Agate, Chalcedony)
	Prime Chakra:	1
	Subtle Bodies:	Ethereal Fluidium, Etheric
	Meridian:	Lung, Small Intestine, All
	Tao:	Yin
	Sound:	A flat
	Colour:	Orange
	Energy Sphere:	2
	Vibration number:	5 & 6
	Zodiac:	Taurus, Cancer and Leo
	Composition:	SiO2
	Crystal system:	Trigonal
	Nutrients:	Iron, Oxygen, Silicon, Vit K all nutrients
	Cellular:	Red corpuscles, general strengthening
8.4.12	Crystal :	Amethyst
	Prime Chakra:	1
	Subtle Bodies:	Emotional x 3, Mental, Spiritual & Post Spiritual
	Meridian:	All, Bladder
	Tao:	
	Sound:	B flat
	Colour:	Violet
	Energy Sphere:	0, 10
	Vibration number:	3
	Zodiac:	Pisces, Virgo, Aquarius, Capricorn
	Composition:	SiO2
	Crystal system:	Trigonal
	Nutrients:	All Nutrients
	Cellular:	General Strengthening, red corpuscles
8.4.13	Crystal :	Moonstone, (Orthoclase)
	Prime Chakra:	4 x 3
	Subtle Bodies:	Emotional x 3
	Meridian:	All, Large Intestine, Stomach, Liver
	Tao:	Yin
	Sound:	E Sharp
	Colour:	Pale white yellow, bluish white, sheen
	Energy Sphere:	0, 3, 9
	Vibration number:	4
	Zodiac:	Libra, Cancer
	Composition:	K (AlSi3O8)
	Crystal system:	Monoclinic
	Nutrients:	All
	Cellular:	Pituitary, skin
8.4.14	Crystal :	All the named crystals
	Prime Chakra:	-1 to 13
	Subtle Bodies:	All 14 subtle bodies

Meridian:	All
Tao:	Yin/Yang
Sound:	All notes
Colour:	Metallic Rainbow
Energy Sphere:	0 - 13
Vibration number:	0 - 9, 11, 22, 33
Zodiac:	The Zodiac
Composition:	All matter
Crystal system:	All structures
Nutrients:	All
Cellular:	The entire physiological and anatomic structure of all matter

**8.5 Can the notes of each crystal be obtained scientifically and if so how?**

Yes. \*Using two probes, place each probe at the farthest points of the crystal. Hook the probes up to the input of an oscilloscope or extremely sensitive amplifier. The result will be that the various oscillations will be seen or heard through the crystal that is acting as a transponder. i.e. converting the mechanical sound energy into electrical energy. The reverse can also be proven. Example: sending electrical current into the crystal through two wires or by simply holding it in your hand and allowing the electrical energy generated by the brain to flow into the crystal thereby allows it to emit mechanical sound energy; (although it might be above or below the range of human hearing). This is common in fact, every TV, computer, quartz watch etc. has at least 1 quartz crystal in it doing exactly what is described above. The direction a crystal is cut or broken in mining will have a great effect on whether it emits fundamental frequency or harmonics. (\*Reference J Weinert, WI )

**8.6 Why are these crystals necessary?**

The crystals are necessary for their molecular structure, which works as a key to enable the Energy Spheres™ to be fused into the cellular structure of all living and non-living things in an effective and efficient manner. Their colour and weight are also relevant with regard to light and sound. The colour either enhances or changes that of the Energy Sphere™ to the unique colour required by the client's own personal unique colour vibration. The specific gravity and hardness of the crystal relate to the sound vibration each crystal holds.

**8.7 Why have the specific crystals been chosen?**

The therapeutic powers of crystals and the specific crystals given have been chosen for their heritage, which is already well documented.

**8.8 How do the Energy Spheres™ affect the crystal?**

By heritage it is meant knowledge held within which is represented by its structure. When crystals marry with Energy Spheres™, the knowledge will be reinforced by the pure essence held within the Energy Spheres™. The pure essence is the element responsible for regeneration of the energies of that particular crystal used.

**8.9 How does the crystal marry with the Energy Spheres™ ?**

The Energy Spheres™ can mentally (intent) or physically (ritual) be placed on the crystal. Once initial contact is made, the marrying is complete. *It is the matrix held within each system that enables the marrying to take place.*

8.9.1 Please explain the word 'marrying'

The word marrying is when two different elements totally fuse to form/create a new element, which is derived from the two parent elements used.

**8.10 Please explain the role of the colour element contained within the crystals.**

Six of the crystals are either white or colourless encompassing all colours within its own realm of that colourless state. These stones, although colourless, hold all colours and are capable of extracting whatever colour/s required within the human framework. The human mechanism will automatically extract whatever is required. The remaining stones hold the colours, which represent those colour vibrations that are in need of further endorsement within the human framework.

**8.11 Is there a correlation between the colour of the Energy Spheres™ and the crystals used?**

Yes, as follows:

8.11.1

ES No.	Colour	Crystal
1	Red	Ruby, garnet
2	Orange	Carnelian
3	Yellow Ochre	Moonstone
4	Light Gold	Topaz, tourmaline, opal, moonstone
5	Dark green	Emerald
6	Pale green	Diamond, clear quartz, clear topaz, tourmaline, opal, moonstone
7	Turquoise	Lapis
8	Light Blue	Tourmaline, opal, moonstone
9	Indigo	(Star) Sapphire
10	Purple	Amethyst
11	Ultra Violet	Diamond, clear quartz, topaz, tourmaline, opal, moonstone
12	White Light	Diamond, clear quartz, topaz,
13	Rainbow Spectrum	Tourmaline, opal, moonstone
0	Metallic Rainbow	Combined vibrational energies of the above.

### 8.12 How are these crystals used?

The information you are being given applies to the meridian and chakra systems.

8.12.1 The Acupressure System: Each crystal corresponds to a meridian energy system, which holds the point or points in need of rejuvenation. It is the oscillating capability of the crystal, which enables the essence held in the energy sphere to be defused through the meridian point.

8.12.2 Chakra System: Each crystal corresponds to the each of the chakra energies. Each energy centre holds the essence in need of rejuvenation. It is the oscillating capability of the crystal, which enables the essence held within the Energy Sphere™ to be diffused directly into the chosen chakra energy centre.

### 8.13 Is there a correlation between the crystal, the Energy Spheres™, the meridians, Chakras and sound?

Yes follows

8.13.1

ES No.	Colour	Crystal	Chakra	Meridian	*Sound
0	Metallic Rainbow	All	-1	n/a	Fb
1	Red	All 6 + Ruby/Garnet	2	K H & HG	C
2	Orange	All 6 + Carnelian	1	L Sp. All	G
3	Yellow	All 6 + Moonstone	6	LI. S L	D
4	Light Gold	All 6	All	All	D#
5	Dark Green	All 6 + Emerald	3	Circ. L H K	Ab
6	Pale Green	All 6	6	All	A
7	Turquoise	All 6 + Lapis	9	K All	F
8	Light Blue	All 6	10	All	E
9	Indigo	All 6 + Star Sapphire	4	All	A#/F#
10	Purple	All 6 + Amethyst	5	Bl. All	A#
11	Ultra Violet	All 6	13	All	B#
12	White Light	All 6	12	All	B
13	Rainbow Spec	All 6	11	All	Eb/Bb

Breakdown of the All 6

Diamond	2	All	F
Black Diamond	-1	BI	F#
Clear quartz	8	Circ.	C
Opal	9	All	E#
Topaz	7	Tri Gen	Eb
Tourmaline	13	All L	A

**8.14 Is it necessary for the crystals to be specifically activated for this work and if so how?**

The crystals will automatically activate themselves for this work. If the crystals wish the practitioner to become involved in the activation process the medium of sound can be used.

8.14.1 Should the practitioner decide to use crystals, it would be wise not to use these crystals for any other work and follow the guidelines used for net crystals, outlined in Sue and Simon Lilly's work on crystal net.

## 9. MATTERS THAT FORM THE PROCEDURES FOR THE 'REJUVENATION' THERAPY

### 9.1 What is the thinking behind the procedure with regard to the Energy Spheres™ that creates the 'Rejuvenation' Therapy?

It is the continuance of the thinking of the Grand Force of the Five Elements given to the ancient Chinese. It is the continuance of the thinking of the Chakra system given to the Hindus. The continuance of the thinking of these two belief systems enables them to be re-amalgamated to become as they once were and still are to us. This is the Energy Spheres™. This is the thinking behind the procedure of the Energy Spheres™.

### 9.2 How has this re-amalgamation been achieved?

It was the original separation of the belief system to create various belief systems, which destroyed the Energy Spheres™, thus closing down human awareness. The pattern of the Energy Spheres™ could not be destroyed. Gradual enlightenment has re opened the human awareness, and it is through the extending of the human awareness that the pattern of the Energy Spheres™ has been rediscovered by the humans. Once rediscovered, human awareness can be extended to accept and understand the concept of the amalgamation of belief systems, which when amalgamated create yet another concept valid in its own right.

9.2.1 The first correlation of the two belief systems was given to Anodea Judith in 1987 which is as follows:

Meridian	Physical Body	Type	Element	Chakra
Lu	Lung	Yin	Metal	4 7
Li	Large Intestine	Yang	Metal	1 3 7
St	Stomach	Yang	Earth	1 3
Sp	Spleen/Pancreas	Yin	Earth	1 2 3
H	Heart	Yin	Fire	3 4 7
SI	Small Intestine	Yang	Fire	2 3
K	Kidney	Yin	Water	2 3 6
Bl	Bladder	Yang	Water	1 2
P	Pericardium	Yin	Fire	2 3 9
TW	Triple Warmer	Yang	Fire	3
Lv	Liver	Yin	Wood	5
GB	Gall Bladder	Yang	Wood	5
Cv	Conception Vsl	Yin		All
GV	Governing Vsl	Yang		All

9.2.2 The addition of colour creates

Meridian	Tao	Element	Chakra	Colour	ES Nos
Lu	Yin	Metal	4 7	Green white gold violet	5 6 12 4 10
Li	Yang	Metal	1 3 7	Red yellow white gold u.v.	0 1 3 4 12 11
St	Yang	Earth	1 3	Red yellow (orange)	1 3
Sp	Yin	Earth	1 2 3	Red orange yellow	1 2 3
H	Yin	Fire	3 4 7	Yellow green white gold u.v.	3 5 12 4 11
SI	Yang	Fire	2 3	Orange Yellow	2 3
K	Yin	Water	2 3 6	Orange yellow blue	2 3 8
Bl	Yang	Water	1 2	Red orange	1 3
P	Yin	Fire	2 3 4	Orange yellow green	2 3 5 6
TW	Yang	Fire	3	Yellow Metallic Rainbow	0 3
Lv	Yin	Wood	5	Indigo Turquoise	9 7
GB	Yang	Wood	5	Turquoise Indigo	9 7
Cv	Yin		All	Rainbow White Light	0 11 12 13
GV	Yang		All	Rainbow White Light	0 11 12 13

9.2.3 The first correlation has been expanded through the vibration of colour to:

Meridian	Tao	Element	Chakra	Colour	E S Numbers
Lu	Yin	Metal	47	Green white gold violet <i>Red black ultra violet yellow</i>	5 6 12 4 10 1 0 11 3
Li	Yang	Metal	1 3 7	Red yellow white gold purple <i>Green violet black u.v. yellow</i>	0 1 3 4 11 10 5 6 12 11 3
St	Yang	Earth	1 3	Red yellow (orange) <i>Green purple</i>	1 3 0 5 6
Sp	Yin	Earth	1 2 3	Red orange yellow <i>Green blue purple</i>	1 2 3 5 6 8 9
H	Yin	Fire	3 4 7	Yellow green white gold purple <i>Purple red black u.v. orange</i>	3 5 12 4 5 10 11 10 1 0 11 2
Sl	Yang	Fire	2 3	Orange Yellow <i>Blue purple</i>	2 3 8 9 10
K	Yin	Water	2 3 6	Orange Yellow Blue <i>Blue purple orange</i>	2 3 8 8 9 10
Bl	Yang	Water	1 2	Red orange Green blue	1 3 5 6 8 9
P	Yin	Fire	2 3 4	Orange yellow green <i>Blue purple red</i>	2 3 4 5 6 8 9 1
TW	Yang	Fire	3	Yellow Metallic Rainbow <i>Purple Rainbow White Light</i>	0 3 10
Lv	Yin	Wood	5	Indigo Turquoise <i>Orange Red</i>	9 7 10
GB	Yang	Wood	5	Turquoise Indigo <i>Red Orange</i>	2 1 9 7
Cv	Yin	All	All	Rainbow White light <i>Black</i>	0 11 12 13 0
GV	Yang	All	All	Black <i>Rainbow White light</i>	0 0 11 12 13

9.2.4 Numerology can also be used to assist in finding the vibrational level of each meridian/Chakra, which will, in turn, correlate to the vibration number of the Energy Spheres™.

**9.3 Can you expand on this please?**

Yes, number vibration is apportioned to every existence in every dimension. *At this present time of evolvement*, only through number can you humans start to comprehend the extent of variations of existence on all levels.

9.3.1 Chakras: The vibrational number of the Chakras of course matches exactly the matrix contained in that part of the body which relates to each Chakra. However, the present systemata you are aware of is not presently advanced to provide a number vibration for each Chakra. Nor is it presently necessary for numerology to be applied to the Chakras since the Chakras themselves already possess their numeric vibrational quality through the number of petals each Chakra Flower possesses which is:

9.3.2	Chakra	Sanskrit	Petal No.
	1	Muladhara	4
	2	Svadhithana	6
	3	Manipura	10
	4	Anahata	12
		Heart 1	to be expanded to: Emotion Pulmonary Plexus 4



	<b>Heart II</b>		<b>Emotions Cardiac Plexus 4</b>
	Heart III	Thymus	Emotional 4
5	Visshudha	16	
6	Ajna		1 (3) to be expanded
	Conscious Thought		1
	Sub Conscious Thought		1
7	Sahasrara	1000	

-1, 8 - 13 have been expanded and extended, details as seen in the Energy Spheres™ Chakra Harmonisers

9.3.3 The Four Scales of Colour are being used to determine the base of the 'Old Colour' of the individual Chakras. The Four Scales of Colour are

- Prismatic Scale: Queens Scale
- World: Briah
- English: Creative World
- Letter of YHVH: He
- Tarot Suite: Cups

This is required to provide a starting point to enable humans to discover their own individual colour/shade of each chakra, thus creating a basis for the New Colours that are now being received

9.3.3.1

Chakra No.	Pantone No
1	032
2	21
3	Yellow
4	345
5	Process Blue
6	2622
7	Violet
-1, 8 - 13	As per ES Chakra Harmonisers

9.3.4. The Energy Spheres™ are applied to the Chakras through the balance of colour using the system of Flashing or Complementary Colours:

9.3.4.1

Chakra	Colour	Petals
1	Red/Green	4 12
2	Orange/ Blue	6 16
3	Yellow/Purple	10 1
4	Green/Red	12 4
5	Blue Orange	16 6
6	Purple/Yellow	110
7	White/Gold	1000
-1,8 – 13	As per the ES Chakra Harmonisers	

9.3.5 The other complementary colours that need to be taken into account are:

- White - Black/Grey
- Olive - Red/Orange
- Blue/Green (Turquoise)- Russet
- Reddish/Orange - Blue Green (Turquoise)
- Deep Amber/Red - Indigo
- Lemon Yellow - Red Violet
- Yellow Green - Crimson

9.3.6 Why is it necessary to include the above complementary colours? Because they exist to balance, therefore relevant and the combined vibrations attract the Akashic records vibrations, which are necessary for the human

guidance.

**9.4 The Chakras already have colour vibrations designated to them, why then is it necessary to have another vibrational quality, namely the petal number?**

The colour vibration designated to the Chakras is for guidance only. Each individual human Chakra system has a unique colour allocated to it as is the individual requirement of each human. It is presently impossible for humans who are not aware nor able to ascertain their own unique chakra colours allocation, to receive their unique colours when advised by another human. This is because each human sees the shade of colour differently, hence the infinite number of colours and their shades. Any colour reader, irrespective of their capabilities, by definition of the human condition, can only receive the information through their own 'I AM' entity. This process acts like a filter, changing and extracting some information that the reader is blind to, which will inevitably change the basis of the information being transmitted.

9.4.1 This process is imperative to the evolution of the human. It is imperative that the individual becomes aware of self in its own way, in its own time. Only the information necessary is given through another human, to enable the enlightenment process to begin. From then on it is up the individual human to take over and continue the process. Free will is the basis of all that exists and that which does not, and those that chose not to exist at any present moment in human perception of time and dimension are enabling those who wish to exist, to exist by their absence.

9.4.2 However, this process is slow, and it is now necessary to speed up the *evolvment* of the human otherwise they will witness their own demise in order that Gaia may continue her environmental evolution. In order to speed up the *evolvment* of the human, which is based on self-enlightenment, additional vibrational qualities are being introduced to the presently known vibrational mindset, therapies and medicines. When colour vibration is coupled with number and sound vibration, the colour is endorsed/ supported enabling its unique state to be created and exposed to the individual human through more than one access point. This is one of the roles of the Energy Spheres™.

**9.5 What is the reasoning behind this set up?**

The Chakra system enables access to the personal vibrations of each entity in human form and is unique to that individual. There are many levels, the majority of which the human memory does not have access to, since it is the human experiences that is necessary here. The human memory can be accessed to memories that will assist the human experience. Such memories commence at the seed of the human experience and expire once the human experience has been completed. Access to the information banks held in these memories is available through different belief systems. Some belief systems are more structured and therefore access is harder to achieve, others are less structured and therefore access is easier to achieve. Colour is one of the tools used to access these memories where the information banks are held.

*Note It is the colour of the Energy Spheres™ that enable access to the information banks. Once the information banks have been accessed, the information therein needs to be understood and assimilated into the human psyche. Other aspects held within the Energy Sphere™ will enable this information to be understood.*

9.5.1 The Meridian System is being used to transport the Energy Spheres™ throughout the human manifestation including mind body spirit and soul as a whole as well as individual aspects/facets of which there is a total known to you at present of eleven. This system is being utilised since this is one of the reasons for the Tao belief system being made known to humans. The internal alchemy life forces that relate directly to this universe and its cosmos is already known, and the ramifications of the Tao belief system is already being applied to the orthodox knowledge known as Science. Once these two systems have been combined and applied a fuller understanding of the human condition and its environment will be better understood.

**9.6 Could you please expand on the belief system of the known eleven aspects/facets of the human condition?**

Yes. The eleven known facts of each human have already been documented by the Egyptians and the Lion people prior to the Egyptian era. However, that knowledge can now be expanded to the eleven known aspects of each human individual is as follows:

- 9.6.1. Governing thought being an aspect of Energy  
     9.6.1.1 (ES1) Carrier of Information Received  
     9.6.1.2 (ES2) Carrier of Information to be Transmitted
- 9.6.2. Governing information being an aspect of Energy  
     9.6.2.1 (ES 3) Carrier of Memory Past ) This time frame  
     9.6.2.2 (ES 4) Carrier of Memory Present ) dimension only  
     9.6.2.3 (ES5) Carrier of Memory Future ) present
- 9.6.3. Governing the seed of Energy  
     9.6.3.1 (ES6) Carrier of Beyond Time ) Entrances into other  
     9.6.3.2 (ES7) Carrier of Beyond No Time ) time frames & dimensions
- 9.6.4. Governing the essence of Energy  
     9.6.4.1 (ES8) Carrier of Action ) Entrance to unknown action  
     9.6.4.2 (ES9) Carrier of Non Action ) Entrance to known action
- 9.6.5. Governing the manifestation of Energy  
     9.6.5.1 (ES10) Carrier of Free Will ) Essence of all existence  
     9.6.5.2 (ES11) The Carrier ) and non existence.
- 9.6.6. Governing the state beyond Energy  
     9.6.6.1 (ES12) The Carrier of Combined Fusion & *Defusion*  
     9.6.6.2 (ES 13) The Carrier of Matter & Non Matter
- 9.6.7. The personal vibrations of each human being at any level are unique to that being. There are many levels interwoven into the human experience psyche, that can be accessed through culture (and its endemic belief system), inherent information through the individuals DNA, knowledge etc. Tools used to access the many levels are the senses of sight, touch (sensation), sound (hearing and vocalising) and smell. All senses respond to:
- 9.6.7.1 sight = colour/ no colour = sound of, the smell of, the sensation of
- 9.6.7.2 sound = music, (including silence), the colour of, the smell of, the sensation of
- 9.6.7.3 smell = fragrance (offensive and pleasing), the colour of, the sound of, the sensation of
- 9.6.7.4 touch = sensation/isolation, the colour of, the sound of, the smell of.
- 9.6.8. The senses have become separated and through this separation, humans have lost much. At present the senses are treated separately. It is of the opinion that smell is not associated with colour, that sound is not associated with sight, etc. This is not the case. All the senses are linked to each other both in their own right and collectively. Using the Energy Spheres™ via the meridian system will, over a period of time, enable those who wish to remember the collective of the senses, to do so.

**9.7 Are there any other tools used in the Energy Spheres™ 'Rejuvenation' Therapy? If so please advise what they are and how they are to be used.**

Yes, Tarot. Tarot is an ancient system and one of the original spiritual histories of the human. It was given by the Old Ones to be used as a record keeper of the human condition. It is the DNA of mankind. The knowledge held within it has over the millennia become lost, confused, and corrupted by superstitions because of its accuracy and wisdom. The Major Arcana represents the ever-evolving Masters and ETs, which exist without as well as within each human. The Court Cards represent the Collectives foundation of the human experience with regard to relationships. The four suits represents the human condition materialised. The minor cards represent the human condition as a whole, the negative and the positive, the yin and yang, the energised and the depleted. Each card is linked into the Chaos of the universe from which all things are created and to which all things return.

9.7.1 As you are already aware, access to the true knowledge of the Tarot is through colour and symbols. Example: The Hebrew letters, bones, runes, alchemy, culminating in the various cultural rituals, all of which are based on some form of psychic awareness through clairaudience, clairvoyance and clairsentience - the list is endless. For the purpose of this project, the Major Arcana cards are allocated to the Ascended Masters in order to allocated the cards to Energy Spheres™ as such.

9.7.2

No.	Major Arcana	Meaning	Ascended Master	Colour	ES No.
0	The Fool	Ideas	El Morya	Blue	8
I	Magnus	Will	Maha Chohan	Turquoise	7
II	The Priestess	Knowledge	Gautama Buddha	Indigo	6
III	Empress	Beauty	Maria	Light Green	9/13
IV	Emperor	Realisation	Lady Clarion	Orange Red	6
V	Hierophant	Manifestation	Aleph	Ultra Violet	1/2
VI	Lovers	Wisdom	Lady Nada	Rose Pink	11
VII	Chariot	Movement	Hilarian	Pale Green	6
VIII	Adjustment	Balance	Kuthumi	Pale Yellow	3
IX	Hermit	Wisdom	Djwal Khul	Dark Green	5
X	Wheel of Fortune	Fortune	Aeolus	Yellow/Green	5/6
XI	Lust	Strength	Lady Portia	Yellow	3
XII	Hanged Man	Sacrifice	Sananda (Christ )	Red	1
XIII	Death	Transformation	Ashtar Shera	Rainbow	13
XIV	Art	Combination	Melchizedek	Mid Green	5/6
XV	The Devil	Energy	Yuminal	Metallic Rainbow	0/13
XVI	Tower	Disruption	Nada	Violet	10
XVII	Star	Hope	Orion & Angelica	Pink	1/12
XVIII	Moon	Illusion	Pallas Athene	Peach Pink	2/1/12
XIX	Sun	Glory	Sanat Kumara	Gold	4
XX	Aeon	Renewal	Serapis Bey	White	12
XXI	Universe	Compassion	Quan-Yin	Orange	2

**9.8 Aligning the Major Arcana to the Ascended Masters has been done many times, how does the above alignment differ?**

The above alignment differs since it is not the energies of the Major Arcana and the Ancients being aligned, but the energy of the Energy Spheres™, using the Ancients to align them, resulting in:

9.8.1

ES No.	Major Arcana	Energy Spheres™ Targets
0	The Devil The Fool	Beyond the Polarities
1	Hanged Man Star Moon Hierophant	Gaia, independent of all her life forms of Earth Air and Sea

2	Moon Hierophant The Universe	Gaia, including her life forms of Earth Air and Sea but excluding humans
3	Adjustment Lust	Gaia, but excluding her life forms including humans.
4	The Sun	Gaia, including her humans and her life forms.
5	Wheel of Fortune The Hermit Art	All planets in Gaia's solar system excluding star, asteroids, but no life forms
6	Priestess Emperor Chariot Wheel of Fortune Art	All planets in Gaia's solar system including stars and asteroids
7	Magnus	Gaia's & her entire universe including all life forms Land, Air & Sea, 'the present' (continuum)
8	The Fool	Gaia and her entire universe including all her life forms
9	The Empress	Gaia and her entire universe including all her life forms of Earth Air and Sea, humans and solar system- 'the future' (continuum)
10	The Tower	Humans through the polar star, ASC Zodiacal sign
11	Lovers	Co created original matrix path
12	Star Moon Aeon	Co created original matrix path
13	The Devil Death Empress	Air and Sea, humans and solar system - 'the past' (continuum)

**9.9 Is there a role for the Court Cards and if so please explain?**

Yes. The court cards represents the Collective foundation of the human condition as already mentioned in 9.7. It is well known that the court cards represent members of the family, from adolescence through to the commencement of the second adult stage and beyond providing both your time allocation as well as specific key energies applicable to each court card. It is the specific key energies that also connect to direct the Energy Spheres™ enabling the Tarot Reader to channel the required Energy Spheres™ through the cards to be applied to the human condition in the family unit or within the unit a client finds him/herself in.

9.9.1 The Court Cards are used primarily for every day activities on the human level where there is friction between family members, close friends, work colleagues, and one to one situations. The Court Cards are also used to identify the facets of each individual human, and expose the role of that facet to the holder. As is already well understood, there is the role of a mother father, sister, brother, aunt, uncle, grandmother and grandfather in each human. It is through the Court Cards that the Energy Sphere™ will enable the humans to get into contact with these individual roles within. Once identified and contacted, the humans can use these facets to assist in their communication skills with one another.

9.9.2

ES No.	Court Card	Suit	Zodiac	Colour	Balance
0	TBA	TBA	TBA	TBA	TBA
1	King	Wands	Aries	Red	Yang
2	King	Swords	Taurus	Orange	Yang
3	Prince	Wands	Gemini	Yellow Ochre	Yang
4	Queen	Wands	Leo	Light Gold	Yin
5	Princess	Swords	Capricorn	Dark Green	Yin
6	King	Cups	Cancer	Pale Green	Yang
7	Queen	Cups	Scorpio	Turquoise	Yin

8	Queen	Pentacles	Libra	Light Blue	Yin
9	Queen	Swords	Virgo	Indigo	Yin
10	Prince	Cups	Sagittarius	Purple	Yang
11	Princess	Pentacles	Aquarius	Ultra Violet	Yang
12	Princess	Cups	Pisces	White Light	Yin
13	All Court Cards		All signs	Rainbow	Yin/Yang

9.9.3 I note on ES11 you allocate Princess of Pentacles to Yang, the male energy why is this?

For the purpose of balance. The prince and princess cards can be of either sex irrespective of the fact Princess has been allocated to female and Prince to male.

9.9.4 Why Aquarius?

It is the birth of the Age of Aquarius, representing flow, movement.

**9.10 Has the Qabala any bearing on this?**

Yes the Energy Spheres™ have been allocated as follows:

9.10.1

E.S.No.	Tarot	Path
1	Hanged Man	23 Geburah/Hod
	The Moon	29 Netzach/Malkuth
	The Star	28 Netzach/Yesod
1	The Universe	TBA
2	The Moon	TBA
	Strength, Justice	TBA
4	The Sun	TBA
5	Temperance	TBA
	Wheel of Fortune	TBA
6	Empress	TBA
	Temperance	TBA
	Wheel of Fortune	TBA
	Chariot	TBA
7	Magician	TBA
8	The Fool	TBA
9	The High Priestess	TBA
10	The Tower	TBA
11	The Hierophant	TBA
12	The Moon	TBA
	The Lovers	TBA
	Judgement	TBA
13	Death	TBA
0	Ashtar Sheran	TBA

The Qabalah to be provided

**10. MATTERS CONCERNING THE NEW COLOURS**

### **10.1 Are the New Colours relevant and if so why?**

Yes the New Colours are relevant, it is through the vibration of the New Colours human are able to receive information concerning their *evolvment*.

### **10.2 What are the New Colours?**

The New Colours is the title given by those who have not or do not remember the Ancient Colours which were synonymous with the Ancient thought forms which formed the Atlantis movement, the seeds of which go back millennia. Atlantis is not a place, the Gaia itself as she was then known producing a way of life based on compassion not materialism. The colours which the various thought forms took, was used as you use language now. The therapy of colour is the closest it can be compared to. However, the peoples of the Ancient World who practised the Atlantis belief system, were able to send telepathically information which was received in the shape of colour. It is these colours that have re-emerged, but known as the New Colours that lead to the New Colours No Colour Colour.

### **10.3 What is different about the New Colours when compared with the colours we see today?**

The colours you see today are seen with the physical eye. The New Colours are presently being seen with the third eye, but will materialise into the physical.

### **10.4 Can we create the New Colours in material form, as the light spectrum does?**

Yes, this is already being achieved through the pollution aspect of Gaia. The tiny particles of dust forming the pollution are further bending the light scales, thus creating FALSE new colours which have nothing to do with the New Colours used in the Atlantis belief system, forming that particular mind set.

10.4.1 The true New Colours emanate through the vibration of etherium gold and once seen in the minds eye, humans will endeavour to create the New Colours. The false colours will assist the human in this venture.

### **10.5 What is the function of the New Colours?**

The New Colours are there to raise human consciousness, in order that the human evolution may expand to the 4th dimensions and beyond as before, whilst still maintaining the human body physical. This is one of the experiences awaiting humans as they enter the Age of Aquarius. The New Colours are the ET colour bands and will be used to enable humans to contact other life forms, which cannot be contacted any other way. The colour bands are the tools used to ferry new information, old knowledge and regain contact with the distant relation of humans.

### **10.6 How can this be achieved?**

Colour, as already discussed, is one of the tools used to ferry new information, old knowledge and re establish contact with the Collective. Humans have largely ignored colour penetration on the human body and its effects until recently, even though colour dominates the human senses including taste, smell and sound. However, with the advent of Colour Therapy, humans have been able to evolve to where they are ready to receive the New Colours. It is with the information held within the vibrations of those colours that humans will start to process the knowledge required to release the human body, at will, into its individual atoms, loosely connected, enabling them to de materialise and materialise at will.

10.6.1 The Matrix already in place, by its very existence has encompassed the World Energy Grid programme. By integrating various aspects of this system, which are presently being held in such *places* as Dream Time, Myths and Legends and the human General Imagination, the new colours allocated to the Energy Spheres™ are established automatically.

### **10.7 Why is this necessary?**

Once the human has learned how to de materialise at will, they will be able to move through the dimensions that hold knowledge pertaining to each dimension, and which is necessary for the human to be exposed to, for the furtherance of the human *evolvment*. *Once this is, what is known as beyond the human experience presently, will not be the case. It is within the human experience..*

### **10.8 Would you please provide further details concerning the New Colours?**

*The essence of, only survived the destruction of Atlantis, resulting in 99% of the knowledge*

contained in that particular thought form being hidden. This left the human 'primitive' with the colours of the spectrum only to work from. It is already known that depending upon which culture the humans emanate from, they started to work with colour by associating it with:

- 10.8.1            Emotions e.g. Black = death = sorrow  
                              White = death = sorrow  
                              Red = danger = fear  
                              Yellow = fire = power  
                              White = purity = happiness  
                              Green =love = happiness

10.8.2            Humans have not yet decoded many of the messages the colours of the spectrum holds, however, they have uncovered enough to be able to entertain the existence of the New Colours. Once the New Colours have fully formed in the consciousness of the humans, further information concerning the colours of the spectrum will be revealed.

**10.9.            What is the difference between the colours from the light spectrum and the New Colours?**

All the new colours are so due to the fact they also carry the vibration belonging to gold. With regard to their physicality, they are *housed* within the wavelengths of visible light used now, with an additional note with regard to the ohms i.e..

- e.g.    violet =        400 - 420\*
- e.g.    indigo =       \*420 - 450

because humans have not remembered, therefore not yet scientifically discovered them. Due to the correct equipment not yet being invented, they have not been able to read the infinitesimal shades that exists between the colours i.e. \*420, 420.001,420.002 etc. It is from this place in the spectrum between the shades of one colour to another that the New Colours are *housed*.

**10.10            You mentioned the vibration of etherium gold. Is this an additional requirement to create the New Colours?**

No. There is a micro gap between the complete end of one colour shade and the beginning of another. Again humans have not yet identified this; however it does exist. The colour of this minute gap is of a colour that is no colour, there is no equivalent that the cones of human sight have yet witnessed. Etherium gold has a different vibration to the colours of gold already known. It is this that creates the distinction between the colours already recognised by the human eye and those that are being identified by the third eye of the human. It is this area that is creating the New Colours by bringing a colour from each of its sides and fusing together producing the New Colours. It is this vibration that is one which is used to open the Third Eye of humans, which is why the colours are first seen with the Third Eye. In time the human will have sufficient information to physically create the New Colours.

**10.11            What is the importance of the Third Eye in this instance?**

The Third Eye holds the knowledge of Atlantis, that is where the 99% of the knowledge was hidden when the belief system created a mind set that branched off, eventually to create another belief system which in time was responsible for the destruction of the Atlantean way of life. It is the Third Eye that when turned 90 degrees and linked with the 9th chakra that the ability remote viewing will be triggered.

**10.12            Do any Humans 'see' the true New Colours?**

Yes, especially those working with colour, light workers, etc. Many more 'see' the New Colours but are not aware of their significance. It is for this reason validation and confirmation of the New Colours has to be determined in order that the New Colours themselves can be brought into their own. This process is already underway.

**10.13            Do all humans 'see' New Colours?**

No.

10.13.1            Why is this?

It is due to the confusion and lack of knowledge concerning the workings of the pituitary and pineal glands, the thymus and the hypothalamus and the effect hormones have on sight, including colour interpretation made by the brain. One of the ways in which the Collective contacts humans, is through the pituitary and pineal glands. If the human brain is not evolved to the extent required, (i.e. the 6th and 7th Chakras are activated) that form of contact is not possible. With *evolution* comes the facilities to see the New



Colours.

10.13.2 Please go into detail

If you wish. As is already known, from the physical viewpoint, the human eye contains cones, which are concerned with colour vision. The eye itself can distinguish approximately 8 million different colours. The endocrine glands in particular the pineal and pituitary, when activated physically, (the 6th and 7th Chakras having been active) can at least treble that in future. This is achieved by activating the electromagnetic energies already contained in and around the human body. The intercellular water (ICW), plasma - the liquid part of the lymph of the blood and interstitial water (ISW) found around the human cells creating the body physical, all contain electrolytes. The electrolytes contain positive and negative charges, the distribution of which is approx. 50% ea., although independently there is a greater difference. These substances are endemic to the life force of a person, known as prana, etc.

10.13.3 The human is already starting to remember Light Flight, a mode of travel, which uses laser or electromagnetic poles/bands. This process will speed up travel more than 10 fold. The principle is the same as found in the human body physical.

#### **10.14 How can the Pineal and Pituitary glands be fully activated?**

By dispensing the Energy Spheres™ through a clear quartz wand through the 6th and 7th Chakras, or through the Kidney Meridian, with the Gallbladder Meridian playing a secondary role. Further details are given in the procedures through the Vibrational Energy Product™, the Energy Spheres™ Chakra Harmonisers.

#### **10.15 What makes the New Colours different?**

It is the etherium gold vibration that is the basis of all the Energy Spheres™ irrespective of the colours of the Energy Spheres™. It is through this vibrational quality that the entire Energy Sphere™ colours must fuse. It is the etherium gold vibration that is responsible for the activation of concepts of the Energy Spheres™ form, (colour activation of the pituitary and pineal glands)

10.15.1 Is there a structured procedure to this and if so why?

Yes, a structured procedure is necessary to activate the 6th and 7th Chakras, even with those who have already experienced some activation of those two Chakras. If not followed, there is a risk that the activation of the glands will be too quick, causing problems and distress. It is necessary to activate the pineal and pituitary glands in stages, in order that each awakening (which is represented by the word stages) is given time to fully integrate into the workings of the whole of the human, to include physical, mental, emotional and spiritual. The Energy Spheres™ Chakra Harmonisers deal with these issues.

## **11. MATTERS CONCERNING THE ENERGY SPHERES™ ELIXIRS OF ENERGY**

**11.1 You have advised Elixirs are required, could you please advise how many**

**and give the details of its ingredients?**

Yes. There are to be 14 Elixirs, the ingredients being

- 11.1.1 Hallowed well water
- 11.1.2 The signature of the allocated crystal.
- 11.1.3 The signature of the allocated number of the Energy Sphere™
- 11.1.4 The signature of the allocated signs of the zodiac
- 11.1.5 The signature of the allocated colours both New and present.
- 11.1.6 Spring Water with an electro magnetic aspect
- 11.1.7 0.05% vodka for grounding purposes only

**11.2 Could you please explain why the above are necessary and what they do?**

Yes.

11.2.1 Hallowed Well Water - The specific hallowed well water you have been guided to is only one of several wells throughout the British Isles. Water represents life and movement and holds the code to all knowledge known and unknown. The human is already aware that Well Water represents the cosmic womb. Hallowed Well Water represents Sacred Cosmic Womb. The movement aspect of the water refers to the encroaching of the Age of Aquarius. One of the functions of the Age of Aquarius is that of rebirth. With the human entering this age, *the whole and the true Atlantean and Lemurian mindset will be made* known to humans. The well water from the Stargate Well contains Celestial and Celtic knowledge. The human is presently re entering the Celtic knowledge which contains information directly from the pre Celtic times, when memories of the Ancients/Old Ones were practised. The knowledge of pre-Celtic times is to be found in the Hallowed Well Waters and is an intrinsic part of the elixir.

11.2.1.1 Please give information concerning the Celestial knowledge. The celestial knowledge contains matters already discussed concerning the 'new' colours, which contain the essence from the universes and from which the Energy Spheres™ emanate. The celestial knowledge also provides information concerning the various star systems, and the life forces emanating from them, not only in this dimension but in all dimensions.

**11.3 How is the water programmed?**

By adapted Rae charts from the practice of Radionics.

**11.4 Where the Rae Charts programmed?**

In the middle of a Fairy Ring in Devon.

**11.5 Why was this necessary?**

It is one of the functions of Fairy Rings to be used as such. The Fairy Ring is a vortex and when entered enables the energies from the centre of the earth to come to the surface. It is these energies that hold the very core of the earth, in its purest form. It is these energies that are within each of the humans, and the programming of the water in this environment enables the unique matrix patterning of each human to be activated. It is this activation that enables the human to remember its magnificence.

**12. MATTERS CONCERNING THE MAKING OF THE ELIXIR 'REJUVENATION'**

**12.1 How is this elixirs made?**

The Mother Tincture which consists programmed hallowed well water which is grounded with

alcohol as above. The programming of the water for the Energy Spheres™ Elixirs of Energy no. 0 'Rejuvenation' is:-

Signature of lithium- St Johns Wort. Hypericum to be Li substitute

Signature of etherium gold

1 piece of perfectly formed desert rose

1 rounded rough diamond

1 *phile* containing ultra violet light

1 *phile* containing white light

1 *phile* of rainbow spectrum

The signatures of the allocated Energy Spheres™ numbers ES11,12,13 combined with 11.1.1- 7, 113 & 11 4 above for the number 0

## 12.2 Can you please expand on this?

Yes.

12.2.1. The lightest of the known solid elements. Li is rare and found only in a few compounds. *The holistic worth of Lithium, along with the rest of the elements to date been discovered, has not yet been realised.* Its true worth has not yet been fully understood by humans. It is an alkali metal, with an atomic number of 3, and approx. relative atomic mass of 7.

12.2.2 Numerologists will be aware that the number three is that of the triad, of three points, the triangle.

12.2.3 *The number the 3 includes the figures 1 (the Sun) the universal monad = Point*

12.2.4 *The number 2 (the Earth) the dyad = Light*

12.2.4.1 For any three points, creating dimension, there is one plane, which has to include all of them. The basis of existence. The number 3 is related to Jupiter, (Yin). The Jupiter cycle repeats itself every 11.86-(12) years. The characteristics of Jupiter that are relevant to the Energy Spheres™ Elixirs of Energy are joy, optimism, and expansion.

12.2.5 As is already known 7 is the number of mysticism. *(The number seven includes the number 3 (Jupiter) = triangle = spirit and the number 4 (Saturn) = square = physical body).* The energy of 7 is to perceive beyond the obvious. The number 7 is related to Venus, (Yin). The Venus cycle repeats itself every 225 days. The characteristics of Venus that are relevant to the Energy Spheres™ Elixirs of Energy are harmony, gnosis and love.

12.2.6. The colour of lithium is silver white

12.2.7 The Lung meridian, metal, deals with the issue of depression, corresponding to Chakras 4 and 7.

12.2.8 The above is the true worth of Lithium. Although science has understood Li assists with human depression, they have not understood why it possesses the energy it does to produce the effects it does. The humans with the depression experience and their resulting blockages is one of the major reasons as to why the humans have found themselves where they presently are. Lithium therefore assists with the disease of depression but from an holistic view point based on numerology and astrology rather than simply chemical.

12.2.9 From the physical chemical perspective, the chemical is rarely found throughout the food chain, yet your scientists have not yet connected the rarity of this chemical and the effects that lacking it has on the human resulting in manic (bipolar) depression. As far as scientists are concerned, they do not consider the micro dosage required is necessary as a supplement. However, the strength scientists' use for manic depression is too strong for the human condition. (Lithium the chemical will eventually be utilised to assist with the problems rising from acid rain).

12.2.10 Signature of etherium gold - etherium gold comprises of the following chemicals with their amounts:

12.2.10.1	Gold	94 ppm
12.2.10.2	Silver	178 ppm

12.2.10.3	Chromium	225 ppm
12.2.10.4	Iridium	24 ppm
12.2.10.5	Rhodium	15 ppm
12.2.10.6	Platinum	78 ppm

12.2.11 Gold is a transition metal found *uncombined*. *This metal has been chosen* because humans consider this to be the most precious obtainable metal, therefore by using this metal, the human mindset can be accessed quicker. The humans has long suspected the holistic aspect of gold, and humans are gradually being made aware of these properties e.g. monatomic elements/electro-magnetism and subtle energies of the human. The existence of etherium gold is one of the stages to introduce the human to the holistic activities of the metal gold in relation to the subtle energy activities of the human. Numerically, the atomic number of Au is 79 (16 = 7) and the relative atomic mass is 197 (17 = 8). The approximate relative atomic mass equates to 8. The vibrational property of the number 7 is as for Lithium, and is repeated for easy reference: 7 is the number of mysticism. (*The number seven includes the number 3 (Jupiter) = triangle = spirit and the number 4 (Saturn) = square = physical body*). The energy of 7 is to perceive beyond the obvious. The number 7 is related to Venus, (Yin). The Venus cycle repeats itself every 225 days. The characteristics of Venus that are relevant to the Energy Spheres™ Elixirs of Energy are harmony, gnosis and love.

12.2.12 The relating to the vibrations of the number 8. The numeric vibrations of 8 create the octagon and the octagram - two of the building blocks of all life. (*The figure 8 contains two 4s the number of the tetrad = 4 (Saturn) = square = physical body = self*). 8 is related to Pluto. Pluto, (Yang), has a cycle of 248 (270) years. The characteristics that relate to the Energy Spheres™ is regeneration, sex and death and patterns to form foundations.

12.2.13 9 is the last of the primary numbers and the only number to correspond to two planets. *The number 9 holds the greatest visionary of them all*. The geometric symbols created by the number 9 are the enneagon, the three interlaced triangles and the enneagram. The symbol of numerology itself is the interlaced triangles. The number 9 corresponds to the planets of Neptune and Mars. Neptune, (Yin) = sensitivity, understanding, secrets, hidden powers, undercurrents and Mars, (Yang) = war, curiosity, change, to attain knowledge. The three interlaced triangles symbolises the balancing and equalising of the forces involved in the creation and *evolvment* of all existence. It is this characteristic that *relates* the reason why it is included in the Energy Spheres™ Elixirs of Energy.

**12.3 The other elements, which form etherium Gold, are as follows:**

Silver	Ag	47 = 11 = 2	108 = 9
Chromium	Cr	24 = 6	52 = 7
Iridium Ir	77 = 14 = 5		192 = 12 = 3
Rhodium	Rh	45 = 9	103 = 4
Platinum	Pt	78 = 15 = 6	195 = 15 = 6

Condensed and combined the vibrational qualities of etherium Gold are as follows:

Au	7/8 = 15 = 6
Ag	2/9 = 11 = 2
Cr	6/7 = 13 = 4
Ir	5/3 = 8
Rh	9/4 = 13 = 4
Pt	6/6 = 12 = 3

**12.4 Would you please expand upon the differences concerning the two number 7s?**

Yes. The Au 7 vibration differs from the Li 7 due to the fact Au is a different element from Li. 7 brings the numeric vibration to Au, as does 7 bring the numeric vibration to that of Li. Combined with the different numerical vibrational quality, of 8 and 3 respectively, the number 7

of Au is Au/7/8 and the number 7 of Li is Li/7/3. Your question is comparable to 'what is the vibrational difference been 700 and .07'

### **12.5 Why Etherium Gold?**

The human 'discovery' of monatomic elements and their effect on the electromagnetic energy of the human is one of the essential and major stepping stones of the human evolution. To date, etherium technology/capability has not yet come to a place where it can be fully accepted by the majority of the humans. More importantly, humans have not yet evolved to use the concept of monatomic elements in relation to human subtle energies. They are not yet aware of the immense power etherium gold holds. Those actively taking the manifestation of etherium gold are running the risk of burning out since they have not yet learned how to control the reactions of etherium gold on the human DNA and the resulting effects. The signature of etherium gold enters the human's electromagnetic field in a much safer fashion, enabling the human to assimilate the changes to the DNA in a slower, thus more controlled, fashion.

### **12.6 What is the importance of the monatomic elements?**

As is already known, monatomic elements provide the correct amount of electromagnetic energy that best suits humans. It works on the same principle as homeopathic medicines. Monatomic elements are capable of increasing electromagnetic frequencies. This in turn effects the alpha, beta, theta and delta waves of the human brain by increasing, and expanding the brain wave patterns. Each one of these brain wave patterns is linked to various levels of the human consciousness. It is known that the human brain wave patterns are initiated by the number of cycles per second:

	Starts	Average
	Cycles per second	Cycles per second
Delta	- 1-2	4
Theta	- 4	7
Alpha	- 7	14
Beta	- 14	21

Each one of the above brain wave patterns is responsible for various activities of the brain. Each one of these brain wave patterns is a doorway to human brain activity that is not yet recognised and linked to the subtle bodies. Should there be a problem with the cycles of these brain waves, the human will experience some form of mental and sometimes physical illness. E.g. those born with alpha waves that are not developed to the ranging cycle will have difficulty with communication = autism, dyslexia, dispraxia, alcoholism. The vibration qualities of etherium gold can exceed the crystal capabilities of increasing the brain waves. This will either bring the brain waves into normal functioning, or increase to enable the human to experience extended physic powers such as controlled ESP, and remote viewing and telepathic powers, to such an extent that the human utilises such abilities as he does with the five senses. The unlocking of the human brainwaves is essential to the human *evolvement*.

### **12.7 Why Desert Rose?**

Desert rose is gypsum from the selenite group of minerals found in sedimentary rock. Desert rose is formed in desert areas as the name suggests. Sand contains most of the 3000+ minerals than any other source other than seawater. The inclusion of Desert Rose ensures the elixir contains all minerals essential to the human. Desert Rose also has a high percentage of selenite. Properties of selenite are already well documented.

### **12.8 Why Diamond?**

The inclusion of diamond provides the quality of reflection of the user to the user.

### **12.9 Why U V Light ES 11?**

To endorse the entering of the Age of Aquarius, the co created path.

### **12.10 Why White Light ES 12?**

To endorse the exiting of the Piscean age, the co created path

### **12.11 Why Rainbow Spectrum ES 13?**

The full zodiac, which represents all things known and is the key to the unknown.

### **12.12 Why are elixirs necessary at all?**

The 'Rejuvenation' Therapy which is formed by the Energy Spheres™ work from without, the Energy Spheres™ Elixirs of Energy works from within. The Elixir is necessary for the following reasons:

- 12.12.1 The 'Rejuvenation' Elixir from the set, keys in and reinforces the

'Rejuvenation' Therapy from the human physiological viewpoint.  
12.12.2 The other Elixirs can be used by the human to boost the  
'Rejuvenation' Therapy if the human feels it necessary.

### **13. MATTERS CONCERNING THE IN DEPTH PROCEDURES OF THE ENERGY SPHERES™ 'REJUVENATION' THERAPY**

**13.1** It is required that these procedures are carried out by trained therapists only. Prior to their training with the Energy Spheres™, therapists must already have been trained in some form of recognised complementary or alternative health field.

#### **13.2 What is the procedure for using Energy Spheres™ with Chakras and why?**

13.2.1 Before any Energy Spheres™ 'Rejuvenation' is commenced it is necessary to rub one drop of the 'Rejuvenation' Elixir into the wrist pulses of the client for the purposes of de *toxation*.

13.2.2 Allow a minute or so for the Elixir to enter the blood stream enabling the de tox to take place. The de tox itself is immediate and complete when one full circulation has taken place

13.2.3 You have been given two types of representative Energy Spheres™ for this purpose of aligning, rejuvenating and balancing the Chakras. These Energy Spheres™ are iridescent black opaque and light translucent and are interchangeable.

13.2.4 One Energy Sphere™ is to be placed 3 inches from the feet, in the centre of a client

13.2.5 One Energy Sphere™ is to be placed 3 inches from the centre top of clients head.

13.2.6 Both spheres are to create a straight line that runs through the middle of the client.

13.2.7 Pendle (to use a pendulum) to determine the amount of time necessary to achieve treatment.

13.2.8 Function: This aligns the Chakras to their proper position along the Sushumna. The energies from the aspect of from each Energy Sphere runs up the Ida and down the Pingala simultaneously.

13.2.9 Result: The Chakras are aligned, rejuvenated, and balanced.

#### **13.3 What is the aspect of black opaque Energy Sphere™?**

This sphere is used to bring knowledge of known and unknown things. It therefore contains all colours both new and present To ground since the representative sphere, contains all colours, producing black vibrations which are necessary for grounding the client, whilst at the same time providing the all colours for replenishment and rejuvenation.

#### **13.4 What is the aspect of the light translucent Energy Sphere™?**

This sphere is the communication sphere that connects the client with the Cosmic plains, which in turn opens or reinforces a communication link between the Collective and the client. The colour aspect of of this sphere provides all colours from the light perspective, which in turn bring balancing to the procedure.

#### **13.5 Is there any procedure for the therapist? If so what.**

Yes. Many therapists consider they are sufficiently grounded but they are not. Some of the fundamentals of the procedure for the therapist is as follows:

13.5.1 The therapist must insure he is grounded prior to the session and remain grounded throughout. There are specific aspects to this that will be revealed.

13.5.2 It is not recommended that a therapist should do more than three sessions a day, and no more that 15 per week, or 25 per month.

13.5.3 Why is this?

The energies being used are very directly, strong and pure and may deplete the physical aspects of a therapist very quickly due to excess. This is why the treatments themselves are also instantaneous.

#### **13.6 Can you expand on all this please?**

2. Not yet.